

What's Up!!

COPPER KNOB
BY STEPHEN

拍數: 92 牆數: 1 級數: Phrased Beginner
編舞者: Theresa Chang (TW) - January 2013
音樂: Shabadabada - OV7



Basic Steps? Cross Rock / Coaster / Shuffle / Lindy / Diagonal/ Scissors/ /Mambo / 1/4Turn Left

Intro: 48 Counts /17 Secs (Start on Main Vocals).

Sequence: AAB?CD?AB?CD?C

Part A - 28counts

[1-8] R cross forward rock, L cross forward rock, Coaster R,L Diagonal Shuffle

1&2 Rock cross forward on R , Recover on L
3&4 Rock cross forward on L , Recover on R
5&6 Step back on R, step L next R, step R forward
7&8 Step L diagonal forward, step R behind L, step L diagonal forward

[9-16] Repeat (Part A 1-8)

1&2 Rock cross forward on R , Recover on L
3&4 Rock cross forward on L , Recover on R
5&6 Step back on R, step L next R, step R forward
7&8 Step L diagonal forward, step R behind L, step L diagonal forward

[17-24] Lindy Step

1&2 R to R, RL together to R,
3&4 L Rock back , Recover on R
5&6 L to L, LR together to L,
7&8 R Rock back, Recover on L

[25-28] Coaster R,L Diagonal Shuffle

1&2 Step back on R, step L next R, step R forward
3&4 Step L diagonal forward, step R behind L, step L diagonal forward

Part B - 4 counts:

[1-4] Coaster R,L Diagonal Shuffle

1&2 Step back on R, step L next R, step R forward
3&4 Step L diagonal forward, step R behind L, step L diagonal forward

Part C - 32 counts:

[1-8] Diagonal shuffle R, diagonal shuffle L,Right Scissor,Left Scissor

1&2 Step R diagonal forward, step L behind R, step R diagonal forward
3&4 Step L diagonal forward, step R behind L, step L diagonal forward
5&6 Step Right to Right side. Close Left beside Right.Cross Step Right over Left
7&8 Step Left to Left side. Close Right beside Left.Cross step Left over Right

[9-16] Repeat (Part C 1-8) Make 1/4 Turn Left

1&2 Step R Make 1/4 Turn Left diagonal forward, step L behind R, step R diagonal forward
3&4 Step L diagonal forward, step R behind L, step L diagonal forward
5&6 Step Right to Right side. Close Left beside Right.Cross Step Right over Left
7&8 Step Left to Left side. Close Right beside Left.Cross step Left over Right

[17-24] Repeat (Part C 9-16) Make 1/4 Turn Left

1&2 Step R Make 1/4 Turn Left diagonal forward, step L behind R, step R diagonal forward

3&4 Step L diagonal forward, step R behind L, step L diagonal forward
5&6 Step Right to Right side. Close Left beside Right.Cross Step Right over Left
7&8 Step Left to Left side. Close Right beside Left.Cross step Left over Right

[25-32] Repeat (Part C 17-24) Make 1/4 Turn Left

1&2 Step R Make 1/4 Turn Left diagonal forward, step L behind R, step R diagonal forward
3&4 Step L diagonal forward, step R behind L, step L diagonal forward
5&6 Step Right to Right side. Close Left beside Right.Cross Step Right over Left
7&8 Step Left to Left side. Close Right beside Left.Cross step Left over Right

Part D - 28 counts:

[1-8] Coaster R,L Diagonal Shuffle,

1&2 Step R back Make 1/4 Turn Left on R, step L next R, step R forward
3&4 Step L diagonal forward, step R behind L, step L diagonal forward
5&6 Step back on R, step L next R, step R forward
7&8 Step L diagonal forward, step R behind L, step L diagonal forward

[9-16]R Mambo,LMambo,RB Mambo, LF Mambo

1&2 R to R ,Recover on L,
3&4 L to L ,Recover on R
5&6 Rock back on R, Recover on L, Step forward on R,
7&8 Rock forward on L, Recover on R, Step back on L

[17-24]Repeat (Part D 9-16)

1&2 R to R ,Recover on L,
3&4 L to L ,Recover on R
5&6 Rock back on R, Recover on L, Step forward on R,
7&8 Rock forward on L, Recover on R, Step back on L

[25-28]R Mambo,L Mambo

1&2 R to R ,Recover on L,
3&4 L to L ,Recover on R

Enjoy the dance!

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