

Me & You

拍數: 32 牆數: 4 級數: Beginner
編舞者: Micaela Svensson Erlandsson (SWE) - January 2013
音樂: Let's Get Back to Me and You - Alan Jackson



Intro 32 counts

Section 1: Walk forward right. Walk forward left. Mambo Step Forward Right. Shuffle 1/2 turn back left, Chasse turn 1/4 left

1-2 Walk forward on right. Walk forward on left.
3&4 Rock forward on right. Recover onto left. Step back on right.
5&6 Shuffle step back making 1/2 turn left, stepping – left,right,left
7&8 Turn 1/4 left stepping right to right side. Close left beside right. Step right to right side.

Section 2: Rock back left. Kick ball cross left, point left. Point right. Step forward left. Scuff right

1-2 Rock back on left. Rock forward onto right.
3&4 Kick left forward. Step left slightly back. Cross right over left.
5&6& Point left to left side. Step left beside right. Point right to right side. Step right beside left
7-8 step forward on left. Scuff right forward

Section 3: Rock forward right. Shuffle 1/2 turn back right. Full turn forward right. Shuffle forward left.

1-2 Rock forward on right. Rock back onto left.
3&4 Shuffle step back making 1/2 turn right, stepping - right, left, right.
5-6 Turn 1/2 right stepping back on left. Turn 1/2 right stepping forward on right.
7&8 Step forward left. Close right beside left. Step forward left.

Easy Option: Full turn, steps 5-6 of section 3, can be replaced by walking left and right forward

Section 4: Touch right heel forward. Tap left Toe back . Cross and unwind 1/2 right. Heel switches (lead left). Step forward left, Scuff right.

1&2& Touch right heel forward. Step right beside left, Tap left toe back, step left beside right.
3-4 Cross right behind left. Unwind 1/2 turn right.
5&6& Touch left heel forward. Step left beside right. Touch right heel forward. Step right beside left.
7-8 Step a large step left forward. Scuff right forward.

Optional ending: The music ends while making the kick ball cross, steps 3&4 of section 2, simply turn 1/4 left while making the kick ball cross, to end facing front wall

Contact: micas@brevet.nu