

Feel This Moment

COPPER KNOB
BY STEPHEN

拍數: 80 牆數: 2 級數: Phrased Intermediate
編舞者: Penny Tan (MY) & Candy Lock (MY) - January 2013
音樂: Feel This Moment (feat. Christina Aguilera) - Pitbull



Intro: 32 Counts - Sequence: AA BB CC AA B CC AA BB

Part A (16 Counts)

[1 – 8] Back rock recover, side , back rock recover, side, mambo step

1&2 Step back on R , rock recover on L , step R to R side
3&4 Step back on L , rock recover on R , step L to L side
5&6 Step R fwd, recover on L, step R beside L
7&8 Step L fwd, recover on R, step L beside R

[9 -16] Side rock cross , side rock cross, side touch, side touch

1&2 Step R to R side, recover on L , cross R over L
3&4 Step L to L side, recover on R , cross L over R
5-6 Step R to R side, touch L beside R
7-8 Step L to L side , touch R beside L

Part B (32 Counts)

[1 – 8] ¼ turn step back, 1/2 turn ,fwd, pivot ¼ turn, fwd, sit back, up , flick

1-2-3-4 Make a ¼ turn to L and step back on R(1), 1/2 turn L and step fwd on L(2) step fwd on R(3),
pivot ¼ turn L(4)(12.00)
5-6-7-8 Step R fwd(5) , sit back on L(6), stand up on R(7), flick L to back(8)

[9 -16] ¼ turn step back ,1/2 turn, fwd, pivot ¼ turn, fwd , sit back, up , flick

1-2-3-4 Make a ¼ turn to R and step back on L, 1/2 turn R and step fwd on R, step fwd on L, pivot ¼
turn R(12.00)
5-6-7-8 Step L fwd, sit back on R, stand up L, flick R to back

[17-24] Fwd,¼ turn L , cross shuffle, side rock, cross shuffle,

1 - 2 Step fwd on R, make a ¼ turn to L (9.00)
3&4 Cross R over L , step L to L side, cross R over L
5 - 6 Step L on L side , recover onto R
7&8 Cross L over R, step R to R side, cross L over R

[25-32] Cross , side, back, sweep, back, side, cross, hold

1-2-3-4 Cross R over L, step L to L side , step R behind L, sweeping L to back
5-6-7-8 Step L behind R , step R to R side, Cross L over R , hold

Part C (32 Counts)

[1 - 8] R side, shoulder pop , together, L side, shoulder pop , together

1-2-3-4 Step R to R side, shoulder pop R, L, step R beside L
5-6-7-8 Step L to L side, shoulder pop L, R, step L beside R

[9 -16] Fwd touch, back touch, 1/4 turn R step, lock step, fwd 1/4 turn R, recover, cross

1 - 2 R fwd touch, R back touch
3 - 4 1/4 turn to R step, L lock behind R(9.00)
5 - 6 Step L fwd 1/4 turn to R, recover on R (12.00)
7 - 8 Cross L over R

[17-24] Paddle 1/4 turn L, hip down, hip up (repeat twice)

- 1 - 2 Step R fwd, ¼ turn L(9.00)
- 3 - 4 Hip down with bend two knees, hip up with body roll up
- 5 - 6 Step R fwd, ¼ turn L (6.00)
- 7 - 8 Hip down with bend two knees, hip up with body roll up

[25-32] Side, touch, side, touch, fwd pivot 1/2 turn L (X2)

- 1 - 2 Step R to R side, touch L beside R
- 3 - 4 Step L to L side , touch R beside L
- 5 - 6 Step fwd on R, pivot 1/2 turn To L(12.00)
- 7 - 8 Step fwd on R, pivot 1/2 turn To L(6.00)

Note: Second part "C" dance until 28 counts.. the last 4 counts change to "Step out to R(1-2), out to L(3-4)" (12.00)

****** : The third set of "AA" dance facing 3.00 !(will change your 2 walls)**

Have fun!

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