

I'm Alright

COPPER KNOB
STEPSHEETS

拍數: 34 牆數: 4 級數: Beginner
編舞者: Elin Lykke (DK) - January 2013
音樂: I'm Alright - Jo Dee Messina



Sektion 1: 2 x Walk , Step, Butterfly out,in, Back Coaster, Mambo,touch

- 1 – 2 Forward walk on right, left.
- 3 & 4 Step forward on right, split both heels apart, step both heels in place.
- 5 & 6 Step back on right, step left next to right, step forward on right.
- 7 & 8 Step left to left side, recover to right, touch left next to right.

Sektion 2: 2 x Walk ,Step , Butterfly out,in, Back Coaster,Mambo, Touch.

- 1 – 2 Forward walk on left, right.
- 3 & 4 Step forward on left, split both heels apart,step both heels in place.
- 5 & 6 Step back on left, step right next to left, step forward on left.
- 7 & 8 Step right to right side, recover to left, touch right next to left.

Sektion 3: Rock, ½ shuffle Right, diagonally Step , Lock, Diagonally Lock step.

- 1 – 2 Step forward on right, recover to left
- 3 & 4 Step right ¼ right, step left together to right, step right ¼ right.
- 5 – 6 Step forward on left, step right behind left.
- 7 & 8 Step forward on left, step right behind left, step forward on left.

Sektion 4: Diagonally Step , Lock, Lock step, Rock,L ¼ Chasse, R.mambo,touch

- 1 – 2 Step forward on right, step left behind right.
- 3 & 4 Step forward on right, step left behind right, step forward on right.
- 5 – 6 Step forward on left, recover to right.
- 7 & 8 Step left ¼ to left side, step right next to left, step left to left side.
- 9 & 10 Step right to right side, recover to left, touch right next to left.

Start Again.

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