

# One Reason

拍數: 48      牆數: 4      級數: Easy Intermediate  
編舞者: Lisa Hillman (SWE) - December 2012  
音樂: Give Me One Reason - Eric Clapton & Tracy Chapman



Start dancing after 16 counts

## Section 1 – Cha Cha right, Rock recover, Cha Cha left, back rock

1&2      RF to Right, LF beside RF, RF to Right  
3 4      LF cross over RF. Recover to Right  
5&6      LF to Left, RF beside LF, LF to LF  
7 8      RF back rock behind LF, Recover to LF

## Section 2 – Kick ball cross, Monterey ½ & Point, Step forward, Turn ¼ left

1&2      RF kick forward, Step RF beside LF, LF cross over RF  
3 4      RF Point out to Right, Make ½ turn to Right (6:00)  
5&6      LF point to Left, Step LF beside RF, RF point to Right  
7 8      RF Step forward, Lift both heels and make ¼ turn to left (weight on right) (3:00)

## Section 3 – Coaster step, Step, Hold, Ball Step forward, Rock recover, Step back lock

1&2      LF step back, RF step beside LF, LF step forward, RF  
3 4      Step forward, Hold,  
&5      LF step beside RF, RF forward  
6 7      Rock LF forward Recover to Right  
8&      LF step back, RF cross over LF

## Section 4 – Step Back and Sweep, Sailor step ½ turn, Ball Step, Hold, Ball Step, Rock Forward

1 2      LF step back, Sweep RF back.  
3&4      RF cross behind LF, ¼ turn R stepping LF slightly back, ¼ turn R stepping RF fwd.(9:00)  
&5 6      LF step beside RF, Step RF forward, Hold  
&7 8      LF step beside RF, Step RF forward, LF Rock forward

## Section 5 – Recover, Back Lock Back ¼ turn, Jazzbox, Cross shuffle

1 2&3      Recover on Right, LF back, RF Lock LF, step LF back ¼ turn to Left (6:00)  
4 5 6 7      Recover to RF. LF cross over RF, RF step back, LF to left,  
8&1      Cross RF over LF, Step LF to Left, Cross RF over LF

## Section 6 – ¼ Left turn, Step Turn ½ left, Lockstep forward, Step, Touch

2 3 4      Step LF to Left with a ¼ turn to left. (3:00), RF step forward, Turn ½ to Left (weight on LF, 9:00)  
5&6      Step RF forward, Lock LF behind RF, Step RF forward  
7 8      Step LF forward, Touch RF beside LF

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