

Stand Back John

拍數: 32 牆數: 4 級數: Improver
編舞者: Gaye Teather (UK) - January 2013
音樂: The Size I Wear - Toby Keith : (CD: Hope On The Rocks)



54 count intro. Start on vocals - Dance rotates in CW direction

Right side rock. Cross shuffle. Quarter turn Right. Side. Shuffle forward

1 – 2 Rock Right to Right side. Recover onto Left
3&4 Cross Right over Left. Step Left to Left side. Cross Right over Left
5 – 6 Quarter turn Right stepping back on Left. Step Right to Right side (Facing 3 o'clock)
7&8 Step forward on Left. Step Right beside Left. Step forward on Left

Full turn Left (travelling forward). Shuffle. Step. Pivot half turn Right x 2

1 – 2 Half turn Left stepping back on Right. Half turn Left stepping forward on Left

Option for counts 1 - 2: Walk forward Right. Left

3&4 Step forward on Right. Step Left beside Right. Step forward on Right
5 – 6 Step forward on Left. Pivot half turn Right
7 – 8 Step forward on Left. Pivot half turn Right (Facing 3 o'clock)

Option for counts 5 – 8: Left Rocking chair

Left side rock. Behind-side-cross. Right side rock. Right forward rock

1 – 2 Rock Left to Left side. Recover onto Right
3&4 Cross Left behind Right. Step Right to Right side. Cross Left over Right
5 – 6 Rock Right to Right side. Recover onto Left
7 – 8 Rock forward on Right. Recover onto Left

Diagonal back. Touch/clap. Diagonal back. Touch/clap. Forward diagonal toe strut. Cross toe strut

1 – 2 Long step back on Right to Right diagonal. Touch Left beside Right and clap hands at Right shoulder level
3 – 4 Step Left back to Left diagonal. Touch Right beside Left and clap hands at Left shoulder level
5 – 6 Step Right toe diagonally forward Right. Drop Right heel to floor
7 – 8 Cross Left toe slightly forward and across Right. Drop Left heel to floor

Start again

***Tag At the end of wall 3 (Facing 9 o'clock) dance the following 16 count Tag then Start dance again facing front**

Right side rock. Cross shuffle. Left side rock. Cross shuffle

1 – 2 Rock Right to Right side. Recover onto Left
3&4 Cross Right over Left. Step Left to Left side. Cross Right over Left
5 – 6 Rock Left to Left side. Recover onto Right
7&8 Cross Left over Right. Step Right to Right side. Cross Left over Right

Quarter Monterey turn Right. Jazz box cross

1 – 2 Touch Right toe to Right side. Quarter turn Right stepping Right beside Left
3 – 4 Touch Left toe to Left side. Step Left beside Right
5 – 8 Cross Right over Left. Step back on Left. Step Right to Right side. Cross Left over Right