

Cowboy Style

COPPER **KNOB**
BY STEPHEN

拍數: 176 牆數: 1 級數: Phrased Improver
編舞者: PSY (KOR) & Ozgur "Oscar" TAKAÇ (TUR) - January 2013
音樂: Gangnam Style - PSY



A, B, C, D - A, B, C, D - Tag, D, Ending

PART A (64)

SEC 1: STEP TOUCH, STEP TOUCH, STEP ½ TURN, STEP ½ TURN

1-2-3-4 Step R to R, touch L toe behind R and clap, step L to L, touch R toe behind L and clap

5-6-7-8 Step R forward and ½ turn L, step R forward and ½ turn L

SEC 2: STEP TOUCH, STEP TOUCH, SIDE STEP & HIP BUMBPS, STOMP DOWN, STOMP UP

1-2-3-4 Step R to R, touch L toe behind R and clap, step L to L, touch R toe behind L and clap

5&6-7-8 Step R to R with hip bump to R, hip bumps (L, R), stomp down L in place, stomp up R beside L (weight on L)

SEC 3: REPEAT SECTION 1

SEC 4: REPEAT SECTION 2

SEC 5: STEP OUT OUT, STEP IN IN, JUMP OUT, SWIVEL IN

1-2-3-4 Step R diagonal R forward, step L to L, step R back to center, step L beside R

5-6-7-8 Jump feet apart, swivel heels in, swivel toes in, swivel heels in

SEC 6: STEP OUT OUT, STEP IN IN, TOE PUMPS

1-2-3-4 Step R diagonal R forward, step L to L, step R back to center, step L beside R

5-6-7-8 Pump R toe forward four times

SEC 7: REPEAT SECTION 5

SEC 8: REPEAT SECTION 6

PART B (48)

SEC 1: PRISSY WALK, WALK BACK TWICE, JUMP APART, SWAYS

1-2-3-4 Right foot cross over left angling body to left corner, left foot cross over right angling body to right corner

5-6-7-8 Step R back, step L back, jump feet apart and sway hips R-L-R-L

SEC 2: BEHIND CROSS ROCK, SIDE STEP, HOLD, BEHIND CROSS ROCK, SIDE STEP, HOLD

1-2-3-4 Rock R behind L, step L in place, step R to R, hold and both hands up

5-6-7-8 Rock L behind R, step R in place, step L to L, hold and both hands up

SEC 3: REPEAT SECTION 1

SEC 4: REPEAT SECTION 2

SEC 5: FISTS

1-2-3-4 R fist forward, L fist forward, R fist up, L fist up, both hands around head,

5-6-7-8 Fist to sides, R fist across down, L fist across down

SEC 6: HANDS

1& Punch right arm forward and to left diagonal, punch left arm across to right diagonal (over right arm)

- 2& Drop right arm to right side of body (palm facing forward), drop left arm to left side of body (palm facing forward)
- 3& Place right palm to left shoulder, place left palm to the right shoulder
- 4& Throw both arms up and above head in a 'v' position
- 5-6-7-8 Hold

PART C (32) GANGNAM STYLE

SEC 1: (HORSE RIDING MOVEMENT) DIAGONAL STEPS, SHUFFLE IN PLACE, DIAGONAL STEPS, SHUFFLE IN PLACE

- 1-2 Turn diagonal R and step R in place, turn diagonal L and step L in place
- 3&4 Turn diagonal R and step R in place, step L in place, step R in place
- 5-6 Turn diagonal L and step L in place, turn diagonal R and step R in place
- 7&8 Turn diagonal L and step L in place, step R in place, step L in place

SEC 2: REPEAT SECTION 1 (SHAKE LASSO WITH RIGHT HAND UP)

SEC 3: REPEAT SECTION 1 (HORSE RIDING MOVEMENT)

SEC 4: REPEAT SECTION 2 (SHAKE LASSO WITH RIGHT HAND UP AND THROW THE LASSO ON COUNT 8)

PART D (32) SEXY LADY

SEC 1: RIGHT ARM MOVE FROM L TO R AND BEND ON LEFT, HIP CIRCLE

- 1-2-3-4-5 Move R arm from L to R and hands on L knee on count 5
- 6-7-8 Circle hip around

SEC 2: KNEE POPS, STEP TOUCH, STEP TOUCH

- 1-2-3-4 Push R knee out & in three times in 4 counts (wop-wop-wop)
- 5-6-7-8 Stand up and step R to R, touch L toe behind R and clap, step L to L, touch R toe behind L and clap

SEC 3: REPEAT SECTION 1

SEC 4: KNEE POPS, ARM PUSHES

- 1-2-3-4 Push R knee out & in "three times in 4 counts" (wop-wop-wop)
- 5-6-7-8 Stand up and fold both arms in front of chest & push twice

TAG (32)

SEC 1: JAZZ TRIANGLE DONE WITH TOE STRUTS

- 1-2-3-4 Touch R toe across L, lower heel down, touch L toe back, lower heel down
- 5-6-7-8 Touch R toe to R, lower heel down, touch L toe beside R, lower heel down

SEC 2: RIGHT WINE, TOUCH, LEFT WINE, TOUCH

- 1-2-3-4 Step R to R, step L behind R, step R to R, touch L toe beside R
- 5-6-7-8 Step L to L, step R behind L, step L to L, touch R toe beside L

SEC 3: REPEAT SECTION 1

SEC 4: REPEAT SECTION 2 (ON COUNT 8 SCUFF OUT R INSTEAD OF TOUCH)

SEC 4: ARM PUSHES

- 1-2-3-4 Fold both arms in front of chest & push twice

ENDING (5)

TURN ½ LEFT, KICK, BEND & TOUCH BACK AND HAT POSE

- 1-2-3-4-5 Hold 2 counts, turn L ½ and step L in place, kick R forward, bend and touch R toe back and hold your hat ;)

REPEAT

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