

# Soul Man

拍數: 32      牆數: 2      級數: Improver - WCS  
編舞者: Pim van Grootel (NL) - January 2013  
音樂: Soul Man - Sam & Dave : (Album: Soul Man - iTunes)



## Start dancing on lyrics

### WALKS 4X, SWIVEL FEET 4X

- 1 Step right forward
- 2 Step left forward
- 3 Step right forward
- 4 Step left forward
- 5 Step right to side
- & Right foot swivel to right and hitch left foot
- 6 Step left to side
- & Left foot swivel to left and hitch right foot
- 7 Step right to side
- & Right foot swivel to right and hitch left foot
- 8 Step left to side
- & Left foot swivel to left and hitch right foot

### STEP SIDE, CROSS, SIDE, CROSS, SIDE, HIP MOVEMENT

- 1 Step right to side
- 2 Cross left behind right
- & Step right to side
- 3 Cross left over right
- 4 Step right to side
- 5&6&7&8 Bounce your hips from right to left and from left to right (make a full circle)

### CROSS, SIDE, 2X, SAILOR STEP, TOO HELL TOO ½ TURN

- 1 Cross right over left
- 2 Step left to side and heel grind right foot
- 3 Cross right over left
- 4 Step left to side and heel grind right foot
- 5 Cross right behind left
- & Step left to side
- 6 Step right to side
- 7 Booth toes in and turn ¼ left
- & Booth heels out and turn ¼ left
- 8 Booth feet together in the middle

### TOUCH AND BACK 2X, KICK BALL STEP, ROLL 3X

- 1 Touch right foot diagonally left forward
- 2 Step right foot back next left foot
- 3 Touch left foot diagonally right forward
- 4 Step left foot back next right foot
- 5 Kick right forward
- & Step right foot back next to left foot
- 6 Step left forward and roll with the hips
- 7 Roll hips down and up
- 8 Roll hips down and up

## **REPEAT**

**TAG: In the 6th wall after 20 counts - you do the next steps:-**

1-8                    Make with your right arm a half circle from left to right, In front of your body

9-16                    Make with your left arm a half circle from right to left, In front of your body

**You can also make your own creation with the arm movement.**

**Start the dance again with the walks**

**Sheet added - 19th Jan 2013**

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