

In My Heart

拍數: 32 牆數: 4 級數: High Beginner - Cha Cha
編舞者: Penny Chorneyko (CAN) - November 2012
音樂: You'll Be In My Heart (Rumba - 25 T/M) - Vio Friedmann : (Album: The Most Beautiful Songs For Dancing 2000)



Side, Together, Side Shuffle, Cross Rock, Recover, Side Shuffle

- 1-2 Step right to right side, close left
- 3&4 Shuffle to right side (step right to side, close left, step right to side)
- 5-6 Cross rock left over right, recover on right
- 7&8 Shuffle to left side (Step left to left side, close right, step left to left side)

Back Weave 3, Point, Rock, Recover, Shuffle

- 1-2 Step right behind left, left to side
- 3-4 Cross right over left, point left toe to left side
- 5-6 Cross rock left behind, recover on right
- 7-8 Shuffle forward at the left diagonal (step left forward, step right beside, step left forward)

Box With Shuffles

- 1-2 Step right to right side, close left
- 3&4 Shuffle forward (step right forward, left beside, right forward)
- 5-6 Step left to left side, close right
- 7&8 Shuffle back (step back on left, right beside left, step back on left)

Moving Jazz Box With ¼ Turn, Sway X2

- 1-2 Step back on right, step back on left
- 3-4 Cross right over left, step back on left
- 5-6 Step back on right, cross left over right making ¼ turn to right
- 7-8 Sway right, sway, left

Tag at end of 4th wall - (you will be facing front wall): –

Jazz Box With ¼ Turn

- 1-2 Cross right over left, step back on left
- 3-4 With right make a ¼ turn to right, with left make ¼ turn to right (now facing back wall)

Repeat Dance

Contact:-

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