

# You Light Up My World

**COPPER** KNOB  
BY STEPHEN

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Diane Blairs (UK) - January 2018  
音樂: What Makes You Beautiful - One Direction



**Start: 7sec or Vocal: "You're Insecure"**

## **R CHASSE, BACK ROCK, RECOVER, WALKS X2, STEP, ½ PIVOT RIGHT**

1&2            step right to right side, step left beside right, step right to right side,  
3 – 4            rock back on left, recover on right,  
5 – 6            walk fwd on left, walk fwd on right,  
7 – 8            step fwd on left, ½ pivot right.

## **L CHASSE, BACK ROCK, RECOVER, R CROSS ROCK, CHASSE R.**

1&2            step left to left side, step right beside left, step left to left side,  
3 – 4            rock back on right, recover on left,  
5 – 6            cross right over left, recover on left,  
7&8            step right to right side, step left beside right, step left to left side.

## **WALKS X 2, L & R LOCK STEPS, STEP, ½ PIVOT RIGHT.**

1 – 2            walk fwd on left, walk fwd on right,  
3&4            step fwd on left, step right behind left, step fwd on left,  
5&6            step fwd on right, step left behind right, step fwd on right,  
7 – 8            step fwd on left, ½ pivot right.

## **L CHASSE, BACK ROCK, R LOCK FWD, FWD MAMBO, TOG.**

1&2            step left to left side, step right beside left, step left to left side,  
3 – 4            rock back on right, recover on left,  
5&6            step fwd on right, step left behind right, step fwd on right  
7&8            step fwd on left, recover on right, step left beside right.

## **R & L SIDE ROCK, CROSS HOLD X 2**

1-2-3-4        rock right to right side, recover on left, cross right over left, Hold  
5-6-7-8        rock left to left side, recover on right, cross left over right, Hold,

## **L ¼ PIVOT X 2, SIDE ROCK, R CROSS SHUFFLE.**

1 – 2            step fwd on right ¼ pivot left,  
3 – 4            step fwd on right ¼ pivot left, (weight on left)  
5 – 6            rock right to right side, recover on left,  
7&8            cross right over left, step left to left side, cross right over left.

## **SIDE, BEHIND, STEP, HEEL- BALL- CROSS, KICK – BALL – CHANGE, R SHUFFLE FWD**

1 – 2            step left to left side, step right behind left,  
&3&4            step left beside right, right heel fwd, step down on the ball of right, cross left over right  
5&6            small kick with right, step down on the ball of right, step slightly fwd on on left. (weight on left)  
7&8            step fwd on right, step left beside right, step fwd on right

## **WALKS X 2, STEP, R ½ PIVOT, L KICK-BALL-CHANGE, STEP, ¼ TURN R, HOLD.**

1 – 2            walk fwd on left, walk fwd on right,  
3 – 4            step fwd on left, ½ pivot right,  
5&6            small kick with left, step down on the ball of left, step slightly fwd on right (weight on right)  
7 - 8            step fwd on left, ¼ pivot right, step on left, Hold. (weight on left)

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