

Sulla Barca

拍數: 32 牆數: 4 級數: Improver
編舞者: Adrian Helliker (FR) & Marie Sørensen (TUR) - January 2013
音樂: Sulla barca - Orchestra Mario Riccardi : (Album: La Barca - iTunes)



Intro: 32 Counts

SIDE, TOGETHER, RHUMBA, SIDE, TOGETHER, CHASSE ¼ TURN LEFT

1-2 Step right to right side, step left beside right
3&4 Step right to right side, step left next to right, step fwd. right
5-6 Step left to left side, step right beside left
7&8 Step left to left side, step right next to left, ¼ turn left, step fwd. left (09:00)

SAMBA STEP RIGHT, LEFT, MAMBO ½ TURN, ¼ STEP TURN, CROSS

1&2 Cross right over left, rock left to left side, recover
3&4 Cross left over right, rock right to right side, recover
5&6 Rock fwd. right, recover, ½ turn right, step fwd. right (03:00)
7&8 Step fwd. left, ¼ turn right, cross left over right (06:00)

Restart the dance here during wall 5 (06:00) & During wall 11 (09:00)

RHUMBA BOX, COASTER CROSS, CHASSE ¼ TURN LEFT

1&2 Step right to right side, step left next to right, step right forward
3&4 Step left to left side, step right next to left, step left back
5&6 Step right back, left beside right, cross right over left
7&8 Step left to left side, step right next to left, ¼ turn left, step fwd. left (03:00)

MAMBO X2, STEP, LOCK STEP, ½ TURN RIGHT, FORWARD

1&2 Rock fwd right, recover, step right next to left
3&4 Rock back on left, recover, step left next to right
5&6 Step right fwd, lock left behind right, step right fwd
7&8 Step fwd. Left, ½ turn right, step fwd. left (09:00)

RESTARTS:-

During wall 5 – After 16 Counts – Facing (06:00)

During wall 11 – After 16 Counts – Facing (09:00)

Have Fun!

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