

I Didn't Pick This Life

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Yvonne van Baalen (NL) - January 2013
音樂: I Didn't Pick This Life - Mario Flores



Intro: 16 counts – one restart on the 4th wall

Section 1: [1-8] R. ROCK STEP, COASTER STEP, L. ROCK STEP, COASTER STEP

1- 2 Step right forward – Recover on left
3&4 Step right back – Step left beside right – Step right forward
5- 6 Step left forward – Recover on right
7&8 Step left back – Step right beside left – Step left forward

Section 2: [1-8] R. COASTER STEP FORWARD, L. SAILOR STEP, R.+L.STEP LOCK STEPS BACK

1&2 Step right forward – Step left beside right – Step right back
3&4 Cross left behind right – Step right to right side – Step left to left side
5&6 Step right back – Cross left over right – Step right back
7&8 Step left back – Cross right over left – Step left back

Section 3: [1-8] R. ROCK STEP BACK, 2X SHUFFLE ½ TURN LEFT, ROCK STEP

1- 2 Step right back – Recover on left
3&4 Turn ¼ left stepping right to side – Step left next to right – Turn ¼ left stepping right back
5&6 Turn ¼ left stepping left to side – Step right next to left – Turn ¼ left stepping left forward
7- 8 Step right forward – Recover on left

Section 4: [1-8] ¼ TURN RIGHT CHASSE, L.CROSS SHUFFLE, 2X ¼ TURN LEFT(HINGE TURN), R.CROSS SHUFFLE

1&2 Turn ¼ right stepping right to side – Step left beside right – Step right to right side (3.00)
3&4 Cross left over right – Step right to right side – Cross left over right
5- 6 Turn ¼ left stepping right back – Turn ¼ left stepping left to left side (9.00)
7&8 Cross right over left – Step left to left side – Cross right over left

RESTART here on the 4th wall: Replace the last 2 counts (7&8) for: Crossing step right over left – Step left to left side. Restart the dance

Section 5: [1-8] SIDE ROCK STEP, BEHIND SIDE CROSS, R.HEELGRIND ¼ RIGHT, R.COASTER STEP

1- 2 Step left to left side – Recover on right
3&4 Cross left behind right – Step right to right side – Cross left over right
5,6 Step forward on right heel, turn ¼ right with weight on heel – Step left back (12.00)
7&8 Step right back – Step left beside right – Step right forward

Section 6: [1-8] ROCK STEP, FULL TRIPLE TURN LEFT/ or COASTER STEP, STEP, ¼ TURN LEFT, R.STEP LOCK STEP

1-2 Step left forward – Recover on right
3&4 Full triple turn left on L-R-L
Option: 3&4 Coaster step left (Step left back – Step right beside left – Step left forward)
5- 6 Step right forward – Turn ¼ left (9.00)
7&8 Step right forward – Cross left behind right – Step right forward

Section 7: [1-8] STEP FORWARD, PIVOT ½ TURN RIGHT, SHUFFLE, ROCK STEP, BACK MAMBO TOUCH

1- 2 Step left forward – Turn ½ right (3.00)
3&4 Step left forward – Step right beside left – Step left forward
5- 6 Step right forward – Recover on left

7&8 Step right back – Recover on left – Touch right beside left

Section 8: [1-8] POINT, TOUCH BESIDE, POINT RIGHT AND LEFT, HEEL FORWARD, TOE BACK, SHUFFLE FORWARD

1- 2 Point right toe to right side – Touch right beside left

3&4 Point right toe to right side – Step right beside left – Point left toe to left

5- 6 Touch left heel forward – Touch left toe back

7&8 Step left forward – Step right beside left – Step left forward

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