

# Lupe Lu

**COPPER** KNOB  
STEPSHEETS

拍數: 48                      牆數: 4                      級數: Beginner  
編舞者: Staci Cutler & Todd Lescarbeau (USA) - January 2013  
音樂: Little Latin Lupe Lu - Bill Medley : (iTunes)



## GRAPEVINE RIGHT WITH TWISTS

1,2,3,4                      Step R foot to side, Step L behind R, Step R foot to side, Step L together  
5,6,7,8                      Twist heels to Right, Twist heels back to center, twist heels to Right, Twist heels back to center

**\*\*On count 8 make sure to take or shift weight to Left foot in preparation of next move.\*\***

## PONY STEPS WITH ¼ TURN

&1,2                      Slight hop onto R foot (&), Touch L beside R (knee bent weight on R )(1), Hold (2)  
&3,4                      Turning ¼ to left, Slightly hop onto L foot (&), Touch R beside L (knee bent weight on L )(3), Hold (4)  
&5,6                      Slight hop onto R foot (&), Touch L beside R (knee bent weight on R )(5), Hold (6)  
&7,8                      Slightly hop onto L foot (&), Touch R beside L (knee bent weight on L )(7), Hold (8)

## SHUFFLES & ROCK-STEPS (LINDY STEPS)

1&2                      R step to right, L step beside R, R step to right  
3,4                      Rock back onto L, Recover weight onto R  
5&6                      L step to left, R step beside L, L step to left  
7,8                      Rock back onto R, Recover weight onto L

## CHARLESTON STEPS

1,2,3,4                      Step R forward, Kick L forward, Step back on L, Touch R toe back  
5,6,7,8                      Repeat 1-4 (this section)

## GROOVY BUMPS WITH ARM MOVEMENTS

1,2                      Step side right bumping hips to right, Bump hips right again.  
**Right arm is up at chest level palm forward, drawing elbow to right. Elbow follows hip movement.**  
3,4                      Bump hips to left, Bump hips left again  
**Left arm is up at chest level palm forward, drawing elbow to left. Elbow follows hip movement**  
5,6                      Bump hips to right, Bump hips right again  
**Right arm is up elbow bent at 90° angle hand in a fist with palm facing left. Left fist is down**  
7,8                      Bump hips to left, Bump hips left again  
**Left arm is up elbow bent at 90° angle hand in a fist with palm facing right. Right fist is down**

## STEP, HOLD, ½ TURN, HOLD, STEP, HOLD, ½ TURN, HOLD

1,2,3,4                      Step forward on R, Hold, Pivot ½ turn left (transfer weight to L foot), Hold  
5,6,7,8                      Repeat 1 - 4 (this section)

**Begin Again!**

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