

Teluk Bayur

拍數: 64 牆數: 4 級數: Newcomer / Novice
編舞者: Tjwan Oei (NL) - January 2013
音樂: Teluk Bayur - Rani
或: Teluk Bayur - Ernie Djohan



Start the dance after she said : "Selamat....."

[01] Cross over – Step back – Shuffle back – Rock back – Recover – Shuffle forwards

1-2-3&4 Lf. cross over Rf. – Rf. step back – Shuffle back (L – R – L)
5-6-7&8 Rf. step back – Recover weight on Lf. – Shuffle forwards (R – L – R)

[02] Syncopated rock (3 x) – Step 1/8 turn right back – Rock back – Recover – Shuffle forwards

1&2&3&-4 Lf. cross over Rf. – Rec. – Lf. step to left side – Rec. – Lf. cross over Rf. – Rec. . – Lf. step 1/8
turn ri. back
5-6-7&8 Rf. rock back – Rec. weight on Lf. – Shuffle forwards (R – L – R) [01.30]

[03] Rock forwards – Recover – Side step 1/8 turn left – Together – Side step - Hips sway (R- L) – Step back – Recover – Step ¼ turn right forwards

1-2-3&4 Lf. rock forwards – Recover – Lf. step 1/8 turn left side – Rf. step together – Lf. step to left
side [12.00]
5-6-7&8 Hips sway (R – L) – Rf. step back – Recover weight on Lf. – Rf. step ¼ turn right forwards
[03.00]

[04] Rock forwards – Recover – Shuffle back (zig – zag) 3 x

1-2-3&4 Lf. step forwards – Recover – Shuffle back (L-R-L) left diagonally
5&6-7&8 Shuffle back (R-L-R) right diagonally – Shuffle back (L-R-L) left diagonally

[05] Rock back – Recover – Shuffle forwards – Pivot ½ turn right – Triple ½ turn right

1-2-3&4 Rf. rock back – Recover – Shuffle forwards (R-L-R)
5-6-7&8 Lf. step forwards – Lf./Rf. ½ turn right – Triple ½ turn right (L-R-L)

[06] Rock forwards – Recover – Chasse right – Rock forwards – Chasse ¼ turn left

1-2-3&4 Rf. rock fwd. – Recover – Rf. step to right side – Lf. step together – Rf. step to right side
5-6-7&8 Lf. rock fwd. – Recover – Lf. step ¼ turn to left side – Rf. step together – Lf. step to left side
[12.00]

[07] Rock forwards – Recover – Chasse ¼ turn right – Wave to the right side

1-2-3&4 Rf. rock fwd. – Recover – Rf. step ¼ turn to right side – Lf. step together – Rf. step to right
side [03.00]
5-6-7-8 Lf. cross over Rf. – Rf. step to right side – Lf. step behind Rf. – Rf. step to right side

[08] Jazz box with ¼ turn left (2 x)

1-2-3-4 Lf. cross over Rf. – Rf. step back – Lf. step ¼ turn left – Rf. step beside Lf. [12.00]
5-6-7-8 Lf. cross over Rf. – Rf. step back – Lf. step ¼ turn left – Rf. step beside Lf. [09.00]

End :

Rock forwards – Left chasse – Rock forwards – Right chasse

1-2-3&4 Lf. cross over Rf. – Recover – Lf. step to left side – Rf. step together – Lf. step to left side
5-6-7&8 Rf. cross over Lf. – Recover – Rf. step to right side – Lf. step together – Rf. step to right side

Jazz box with ¼ turn left (2 x)

1-2-3-4 Lf. cross over Rf. – Rf. step back – Lf. step ¼ turn left – Rf. step beside Lf.
5-6-7-8 Lf. cross over Rf. – Rf. step back – Lf. step ¼ turn left – Rf. step beside Lf.

Happy dancing.....

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