

Blue Collar Palace

COPPERKNOB
STEPPERS

拍數: 64 牆數: 4 級數: Improver
編舞者: Roz Chaplin (UK) & Lorna Mursell (UK) - January 2013
音樂: Blue Collar Palace - Gord Bamford : (CD: Honkytonks and Heartaches)



16 Count Intro from Heavy Beat

BEHIND, SIDE, CROSS SHUFFLE, SIDE ROCK, BACK ROCK

1-2 Cross left behind right, step right to right side
3&4 Cross left over right, step right to right side, cross left over right
5-6 Rock right to right side, recover onto left
7-8 Rock back on right, recover onto left

FORWARD ROCK, SHUFFLE ½ TURN, STEP BACK, SCUFF

1-2 Rock forward on right, recover onto left
3&4 Shuffle ½ turn stepping – right, left, right (6)

Restart Here on Wall 3

5-6 Step left to left side, touch right beside left
7-8 Step right to right side, scuff left beside right

JAZZ BOX SCUFF X 2

1-2 Cross left over right, step back on right
3-4 Step left to left side, scuff right foot forward
5-6 Cross right over left, step back on left
7-8 Step right to right side, scuff left foot forward

ROCKING CHAIR, STEP ½ PIVOT RIGHT, STEP ¼ PIVOT RIGHT

1-2 Rock forward on left, recover back on right
3-4 Rock back on left, recover forward on right
5-6 Step forward left, pivot ½ turn right (12)
7-8 Step forward left, pivot ¼ turn right (weight ending on right) (3)

REVERSE RUMBA BOX

1-2 Step left to left side, close right beside left
3-4 Step back on left, Hold
5-6 Step right to right side, close left beside right
7-8 Step right forward, Hold

LEFT HIP BUMPS, SIDE TOUCH, RIGHT HIP BUMPS, SIDE TOUCH

1-2 Sway hips left, sway hips right
3-4 Step left to left side, touch right beside left
5-6 Sway hips right, sway hips left
7-8 Step right to right side, touch left beside right

FORWARD ROCK, SHUFFLE ½ LEFT, ROCKING CHAIR

1-2 Rock forward on left, recover back on right
3&4 Shuffle ½ left, stepping left, right, left (9)
5-6 Rock forward on right, recover back on left
7-8 Rock back on right, recover forward on left

CROSS, POINT, CROSS, POINT, IN, OUT, IN, STEP

1-2 Cross right in front of left, point left to left side
3-4 Cross left in front of right, point right to right side

5-6
7-8

Touch right beside left, point right to right side
Touch right beside left, step right to right side
