

Don't Rush Cha Cha

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Easy Intermediate - Soft Cha Cha
編舞者: Regina Cheung (CAN) - January 2013
音樂: Don't Rush (feat. Vince Gill) - Kelly Clarkson



Intro : 32 counts

Sec 1: Side Cross Rock, Left Chasse, Cross Rock, Chasse 1/4 Right Turn

1 2 3 Step right side, Cross left over right, Recover on right
4&5 Step left to left side, Step right together, Step left to left side
6 7 1/4 left turn and rock right forward (9:00), 1/4 right turn and recover on left (12:00)
8&1 Step right to right side, Step left together, Step right forward ¼ right (3:00)

Sec 2: Pivot 1/2 Turn R, Left Shuffle Forward, Cross Side , Right Sailor

2 3 Step left forward, Pivot 1/2 right turn (weight on right)
4&5 Step forward on left, Lock right behind left, Step forward on left
6 7 Cross right over left, Step left to left side
8&1 Cross right behind left, Step left side, Step right side facing diagonal (10:30)

* Wall 4 Restart

Sec 3: Forward 1/2 Turn Right, Left Shuffle Forward, Cross Recover 1/4 Right Turn

2 3 Step left forward, 1/2 turn right (corner to corner, weight on right)
4&5 Step forward on left, Lock right behind left, Step forward on left (4:30)
6 7 8 Cross right over left, Recover on left, Step right 1/4 right on side square up (6:00)

**Wall 9 Restart

Sec 4: Cross Recover, Left Back Shuffle, Back Rock, Kick Ball Cross

1 2 Cross left over right, Recover on right
3 4 Step back on left, lock right over left, step back on left
5 6 Rock right behind left, Recover on left
7&8 Kick right forward, step ball of right next to left, step left cross over right (6:00)

REPEAT

Restarts :-

* Wall 4, 2nd section - count 8&1 change to sailor 1/4 R (8&1) to restart at 6:00, (1) is the first count of the dance, continue 2 3, 4&5

** Wall 9, 3rd section - count 8 change to side together side (8&1) to restart at 12:00, (1) is the first count of the dance, continue 2 3, 4&5 ...

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