

I Am Drunk

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Irene Cheuk (CAN) - January 2013
音樂: Drunken Sailor - The Irish Rovers



Sequence - 3 Rounds main + Tag b + 3 Rounds main + Tag a + Tag b twice

(Keep body weight on balls of feet to create drunk effect.)

Main dance:

Bar #1: Mambo / Winding

1&2 Step R. Forward / Recover L. / Step R. Back /
3&4 Step L. Back / Recover R. / Step L. Forward /
5&6 Cross R. over L. / Step L. at side of R. / Cross R. behind L. /
7&8 Cross L. behind R. / Step R. at side of L. / Cross L. over R. /

Bar #2: Winding / (1/4L)Behind-Turn-Forward / (Hold fist at waist) Back shuffle.

1&2 Cross R. over L. / Step L. at side of R. / Cross R. behind L. /
3&4 Sweep L. (turning 1/4L) and step behind R. / Recover R. / Step L. forward /
5&6 Step R. Back / Lock L. / Step R. Back /
7&8 Step L. Back / Lock R. / Step L. Back /

Bar #3: (Hold fist at waist): Heel Heel Back-Close-Cross

1 2 Tap R. Heel twice (diagonal R.)
3&4 Step R. Back / Step L. at side of R. / Cross R. over L. /
5 6 Tap L. Heel twice (diagonal L.)
7&8 Step L. Back / Step R. at side of L. / Cross L. over R. /

Bar #4: (Hold fist at waist) Heel Heel (1/4L)Behind-Turn-Forward / (Put up your R. hand) Turn 3/4R: Forward Turn Forward / Clap hands twice

1 2 Tap R. Heel twice (diagonal R.)
3&4 Step R. Behind L. (turning 1/4L) / Step L. at side of R. / Step R. forward (toes facing out) /
5 6 7 Step L. forward and turn 1/4R / Twist R. to turn 1/4R / Step L. forward and turn 1/4R /
&8 (With weight on L.) Clap hands twice.

Tags:-

Tag (a): After total 6 Rounds of main dance (6:00), repeat Bars #3 & #4 of main dance to face 12:00.

Tag (b) - 4 bars (in plain music)

i) After 3 Rounds of main dance (9:00), dance Tag b) once.

ii) After Tag a), dance Tag b) twice. (Ending with extra 2 counts, do a post: Put up your R. hand, L. hand on waist, and touch R. leg across L.)

Bar #1: (Hold fist at waist) 4 sets of Sailor

1&2 Step R. Behind L. / Lock L. / Step R. at side of L. /
3&4 Step L. Behind R. / Lock R. / Step L. at side of R. /
5&6 7&8 (same as 1&2, 3&4)

Bar #2: (Hold fist at waist) Forward shuffles, Back Shuffles

1&2 Step R. Forward / Lock. L. / Step R. Forward /
3&4 Step L. Forward / Lock. R. / Step L. Forward /
5&6 Step R. Back / Lock. L. / Step R. Back /
7&8 Step L. Back / Lock. R. / Step L. Back /

Bar #3: (Hold fist at waist) Heel Heel Back-Close-Cross

1 2 Tap R. Heel twice (diagonal R.)
3&4 Step R. Back / Step L. at side of R. / Cross R. over L. /
5 6 Tap L. Heel twice (diagonal L.)
7&8 Step L. Back / Step R. at side of L. / Cross L. over R. /

Bar #4: Syncopated weaves to right, then to left.

1&2& Step R. to R. / Step L. behind R. / Step R. at side of L. / Cross L. over R. /
3&4 Step R. to R. / Step L. behind R. / Step R. at side of L.
5&6& Step L. to L. / Step R. behind L. / Step L. at side of R. / Cross R. over L. /
7&8 Step L. to L. / Step R. behind L. / Step L. at side of R. /

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