

Apple Bottom Jeans

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Amy Christian (USA) - January 2009
音樂: Low (feat. T-Pain) - Flo Rida : (CD: Single)



Intro: 32 Count

Step Forward, Recover, Back Shuffle, Step Back, Recover, Step Forward, Brush Hand Twice

- 1-2 Rock right forward, recover to left
- 3&4 Chassé back right, left, right
- 5-6 Rock left back, recover right forward
- 7 Step left forward (bend body slightly forward & brush right hand across left, to left side)
- 8 Hold (brush hand across left, to right side, as though, brushing on fur boot on left)

Right Kick Ball Change, Step Right Side, Touch Left Together, Left Vine, (Slap)

- 1&2 Kick right forward, step right together, step left forward
- 3-4 Step right to side, touch left together
- 5-6 Step left to side, cross right behind left
- 7-8 Step left to side, touch or hitch right

Option: look over right shoulder, slap butt with right hand

Monterey Turns

- 1-2 Touch right to side, turn $\frac{1}{2}$ right and step right together
- 3-4 Touch left to side, step left together
- 5-6 Touch right to side, turn $\frac{1}{2}$ right and step right together
- 7-8 Touch left to side, step left together

$\frac{1}{4}$ Paddle Turns Twice, Walk Forward Right, Left, Right, Left

- 1-2 Step right forward, turn $\frac{1}{4}$ left (weight to left)
- 3-4 Step right forward, turn $\frac{1}{4}$ left (weight to left)

Hips rolls can be added to paddle turns, for styling

- 5-8 Walk forward right, left, right, left

Option: walk forward bending knees, going lower and lower

Repeat

Easy alternative steps for Monterey turns

- 1-4 Touch right out, step right together, touch left out, step left together
- 5-8 Repeat those 4 steps again