

# Backtrack

拍數: 48      牆數: 2      級數: Advanced  
編舞者: Maggie Gallagher (UK) - November 2012  
音樂: Backtrack - Rebecca Ferguson : (Album: Heaven - Deluxe)



Intro: 16& counts (10 secs) Start on the word "Back"

**S1: OUT R, L, R SIDE ROCK & CROSS, & R HEEL & WALK L, STEP FWD R, ½ PIVOT L**

1-2            Step right out to right side, Step left out to left side  
3&4           Rock right to right side, Recover on left, Cross right over left  
&5&6          Step back on left, Tap right heel to right diagonal, Step right next to left, Walk forward left  
                 [1.30]  
7-8            Step forward on right, ½ pivot left [7.30]

**S2: & WALK L, TOUCH R ACROSS, & WALK L, KICK R, BACK R,L,R, BUMP BACK L,R,L**

&1-2          Step right next to left, Walk forward on left, Touch right slightly across left  
&3-4          Step right next to left, Walk forward left, Kick right forward  
5&6          Run back right, left, right  
7&8          Bump back on left, Bump forward on right, Bump back on left [7.30]

**S3: & WALK L, CROSS R, ¼ BACK, ½ R, POINT L&R & CROSS BACK HEEL, & CROSS R, ¼ BACK**

&1-2          Step right next to left, Walk forward on left, Cross right over left making 1/8 turn left [6:00]  
3&            ¼ right slightly stepping back on left, ½ right stepping right next to left [3:00]  
4&5          Point left to left side, Step left next to right, Point right to right side  
&6&7          Step right next to left, Cross left over right, Step back on right, Tap left heel forward  
&8&          Step left next to right, Cross right over left, ¼ right stepping back on left [6:00]

**S4: WALK BACK R, HOLD, & WALK R, L, R SIDE TOGETHER BACK, ½ L, STEP R, ½ L PIVOT**

1-2            Walk back on right, HOLD  
&3-4          Step left next to right, Walk forward right, Walk forward left  
5&6          Step right to right side, Step left next to right, Step back on right  
7-8&         ½ left stepping forward on left, Step forward on right, ½ pivot left

\* Restart Wall 1 [6:00]

**S5: POINT HITCH CROSS R, POINT HITCH CROSS L, STEP R, ½ L HITCH PIVOT, L COASTER**

1&2          Point right to right side, Hitch right knee over left, Cross right over left  
3&4          Point left to left side, Hitch left knee over right, Cross left over right  
5-6          Step forward right, ½ pivot left hitching left knee up [12:00]  
7&8          Step back on left, Step right next to left, Step forward on left

**S6: R DOROTHY STEP FWD, WALK L, ½ R, FULL TURN R, L SIDE TOGETHER FWD**

1-2&         Step forward on right, Lock left behind right, Step forward on right  
3-4          Walk forward on left, ½ pivot right  
5-6          ½ right stepping back on left, ½ right stepping forward on right  
7&8          Step left to left side, Step right next to left, Step forward on left [6.00]

Restart: Wall 1 after 32 counts