

How Country Feels

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Mathew Sinyard (UK) - January 2013
音樂: How Country Feels - Randy Houser : (Album: How Country Feels)



Section One – Walk, Walk, Shuffle forward, Rock Recover, Sailor Half Turn.

1-2 Walk forward right, left.
3&4 Shuffle forward on right foot.
5-6 Rock forward on left, recover on to right.
7&8 Step left behind right, turning ½ turn left, Step right in place, step forward on left.

Section Two – Kick Ball Step, Kick Out-Out, Sailor Step, Sailor Quarter Turn.

1&2 Kick right forward, replace weight on ball of right foot, step forward left.
3&4 Kick right forward, step right to right side, step left to left side
(Feet shoulder width apart).
5&6 Step right behind left, step left in place, step right slightly forward.
7&8 Step left behind right, turning ¼ turn left, Step right in place, step forward on left.

Restart the dance at end of section 2 on walls – 2,4,6 & 9

Section Three – Step Lock & Step Lock & Rock Recover, Full Turn(or Coaster Step).

1-2 Step right forward on a diagonal, lock left behind right.
&3-4 Step right forward, step left forward on a diagonal, lock right behind left.
&5-6 Step left forward, rock forward on right, recover on left.
7&8 Triple full turn on the spot (right, left, right).

***alternative 7&8* Right Coaster – step back right, step left beside right, step forward right.**

Section Four – Rock Recover, Shuffle Back, Behind, Unwind, Step Turn, Cross Touch.

1-2 Rock left forward, recover on right.
3&4 Shuffle back on left foot.
5-6 Touch right toe behind left foot, turn a ½ turn right onto right foot.
7-8 Step forward on left foot, pivot ½ turn right whilst sliding right toe across left foot.

(Add some attitude to the last two turns with body rolls as you turn! **)**

Contact: Matsinyard84@live.com