

Bang A Gong

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Easy Intermediate - Funky
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音樂: Get It On (Bang a Gong) - London Bus Stop



Intro : 16 counts

Kick & Point & Touch & Heel & Heel Grind 1/4 Turn, Coaster Step

1& Kick RF forward, Close RF next to LF
2& Point LF forward, Close LF next to RF
3& Touch RF next to LF, Close RF next to LF
4& Point left Heel forward, Close LF next to RF
5 – 6 Step forward on right Heel, Turn ¼ right with weight on Heel, Step LF back (3:00)
7&8 Step RF back, Close LF next to RF, Step RF forward

Swivel, Sailor ¼ Turn, Hip Bumps right & left, Cross Rock

&1 Turn 1/8 left on both feet 2x(12:00)
2&3 Step LF behind RF, Step RF right Turning ¼ left, Step LF forward(9:00)
4&5 Turn ¼ left Bump right, left, right(weight on RF now)(6:00)
6&7 Bump left, right left(weight on LF now)
8& Cross Rock RF in front of LF, Recover on LF

Restart here in wall 5 & 10

Side, Cross Rock ¼ Turn left, ¼ Turn Touch & Step, ½ Turn, Touch

1 Step RF to right Side
2&3 Cross Rock LF in front of RF, Recover on RF, Turn LF ¼ left forward(3:00)
4&5 Turn ¼ left, Bump right, left, right(ending with weight on right)(12:00)
6 - 7 Turn ½ left stepping LF left(big Step), touch RF next to LF(weight still on LF)(6:00)
8 Step RF forward

½ Turn, Kick & Point 2x, Cross, Turn ¼ right, Coaster-Kick

1 Turn ½ left(weight on LF now)(12:00)
2&3 Kick RF forward, Close RF next to LF, Point LF to left side(moving slightly forward)
4&5 Kick LF forward, Close LF next to RF, Point RF to right side(moving slightly forward)
6-7 Cross RF in front of LF, Turn ¼ right stepping LF back
8& Step RF back, Close LF next to RF, start again with count 1(Kick RF)(3:00)

Start again

Have Fun

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Last Revision - 15th January 2013