

Unbreak

拍數: 16 牆數: 2 級數: Beginner - Smooth NC
編舞者: Ronald "RONNIE" Grabs (DE) - April 2012
音樂: Un-Break My Heart - Toni Braxton



NC BASIC / NC BASIC 1/4 TURN R / NC BASIC / NC BASIC 1/4 TURN R

- 1,2& step right foot to side, close left foot next to right slightly behind (3rd), cross step right foot over left,
3,4& step left foot to side, turn 1/4 to right and close right foot next to left slightly behind (3rd), cross step left foot over right,
5,6& step right foot to side, close left foot next to right slightly behind (3rd), cross step right foot over left,
7,8& step left foot to side, turn 1/4 to right and close right foot next to left slightly behind (3rd), cross step left foot over right,

SIDE / CROSS LUNGE-SIDE / CROSS LUNGE-1/4 R STEP / STEP-1/2 PIVOT R-STEP / STEP-1/2 PIVOT L-1/4 L

- 1 step right foot to side,
2&3 cross lunge left foot across right with left knee slightly bent, recover weight on right foot straighten left knee, step left foot to side,
4&5 cross lunge right foot across left with right knee slightly bent, recover weight on left foot straighten right knee, turn 1/4 to right stepping right foot forward,
6&7 step forward left foot, turn 1/2 to right change weight on right foot, step forward left foot,
8& step forward right foot, turn 1/2 to left change weight on left foot,
a turn extra 1/4 to left before start from the top

REPEAT
