

Loving U

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Pooi Kuan (MY) - December 2012
音樂: Loving U - SISTAR



Sequence : AABBB Tag AB BB Tag AB BB Tag

Dance starts after 16 counts.

PART A - 32 counts

Section A1 : Weave to L, R Cross Rock Recover, Right Chasse

1-4 Cross RF over LF, Step LF to Left, Cross RF behind LF, Step LF to Left
5 6 7&8 Rock RF over LF, Recover on LF, Right Chasse R, L, R

Section A2 : Weave to L, L Cross Rock Recover, Left Chasse

1-4 Cross LF over RF, Step RF to Right, Cross LF behind RF, Step RF to Right
5 6 7&8 Rock LF over RF, Recover on RF, Left Chasse L, R, L

Section A3 : Step R Diagonally, Touch, Step back L Diagonally, Touch, Paddle ¼ L , ¼ L

1,2 Step RF diagonally forward, Touch LF beside RF,
3,4 Step LF diagonally back, Touch RF beside LF
5-8 Step RF forward, Turn ¼ L, Step RF forward, Turn ¼ L

Section A4 : Cross RF, Hold, LF to L, Together, Cross LF, Hold, Hip bumps

1-4 Cross RF over LF, Hold, Step LF to Left, Step RF next to LF
5 6 7 8 Cross LF over RF, Hold, Step RF to Right with hip bumps R,L

PART B (Chorus ' Loving U U U') - 32 counts

Section B5 : R diagonal Hip roll twice , R to R sway RLRL

1-4 Step RF diagonally forward with hip roll anti-clockwise twice,
5-8 Step RF to Right and sway RLRL

(Easier Option 1-4 Step RF diagonally forward and sway RLRL)

Section B6 : R Chasse, L chasse, 1/4 L turn R chasse, L chasse

1&2 Step RF to R, Step LF next to RF, Step RF to R
3&4 Step LF to L, Step RF next to LF, Step LF to L
5&6 7&8 Turn ¼ turn L and repeat Steps 1&2 ,3&4

Section B7 : R Toe fan, Right Coaster Step, L Toe fan, Left Coaster Step

1,2 Grind Right heel from L to R
3&4 Step back on RF, Step LF next to RF, Step forward on RF
5,6 Grind Left heel from R to L
7&8 Step back on LF, Step RF next to LF, Step forward on LF

Section B8 : Right Jazz Box, Pivot ½, Pivot ½ turn

1-4 Cross RF over LF, L Step back on LF, Step RF to R, Step LF next to RF
5,6 Step RF forward, Turn 1/2 L
7,8 Step RF forward, Turn 1/2 L

Tag : Step RF forward, Hold, Turn ¼ L, Hold

1-4 Step RF forward, Hold, Turn ¼ L, hold (weight on L)

Ending Facing 12:00

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