

Banjo

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Lynn Card (USA) - September 2012
音樂: Banjo - Rascal Flatts



STEP, KICK BALL STEP, KICK

1,2&3,4 Step down on left, kick right forward, recover on right, step down on left, kick right forward

COASTER STEP, SAILOR STEP WITH ¼ TURN

5&6,7&8 Step back on right, step back on left, step right forward, then making a ¼ turn swing and step left behind right, recover on right to right side, step left to left side

HEEL SWITCHES AND HEEL FLICKS

9&10&11&12& Touch right heel forward, recover stepping on right and touch left heel forward, recover stepping on left and touch right heel forward, flick right heel back to right touching your heel with your right hand, touch right heel forward, flick right heel back to right touching right heel with right hand

SHUFFLE RIGHT, SCUFF, CROSS, TOUCH

13&14,15&16 Step forward right, step forward left, step forward right, scuff left foot beside right and recover on left crossing over right, touch right to right side

SAMBA STEPS

&17&18&19&20& Cross step right over left, side rock off left, recover onto right while slightly releasing left foot to the left side in the air, Step left over right, side rock off right, recover onto left while slightly releasing right foot to the right side in the air

JAZZ BOX STEP AND HEEL CLICKS

21,22&23&24& Cross right over left, Step back on left, Step right to right side, Cross left over right, jump into the air to right side and click your heels together, and land on your left

(Low impact option on counts &, 24, & - Scuff Right foot, Hitch right knee up, Hold on &)

SHUFFLE RIGHT, CROSS ½ TURN

25&26,27,28 Step right to right side, step left next to right, step right to right side, Cross left over right and then make ½ turn recovering weight to left foot

(Restart here on wall 4 (facing 9 o'clock) and wall 8 (facing 6 o'clock))

WEAVE AND ¼ TURN

29&30,&31,32 Step right to ride side, step left behind right, step right to right, step left over right, take big step to the right making ¼ turn to your right, drag left up next to right and touch left to right

Last Update - 16th Sept 2017