

My Love (Phrased)

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 2 級數: Phrased Beginner
編舞者: Sally Hung (TW) - December 2012
音樂: Ai Ren (愛人) - Teresa Teng (鄧麗君)



Sequence of dance: AABBA Tag1/AABB Tag2/BBA
Start the dance after 40 counts (on vocals)

Tag 1: (8 counts)

1-4 Step R to R, step L beside R, step R back, touch L toes beside R
5-8 Step L to L, step R beside L, step L fwd, touch R toes beside L

Tag 2: (4 counts)

1-4 Step R to R, step L beside R, step L to L, touch R beside L

Section A (32 counts)

S1. SIDE TOGETHER, SIDE TOUCH, SIDE TOUCH, ½ TURN R, SIDE TOGETHER

1,2,3,4 Step R to R side, step L beside R, step R to R side, touch L beside R
5,6,7,8 Step L to L side, touch R beside L, ½ turn R stepping R to R side, step L beside R

S2. RUMBA BOX FWD, CLOSE TOUCH, RUMBA BOX BACK, CLOSE TOUCH

1,2,3,4 Step R to R, step L beside R, step R fwd, touch L toes beside R
5,6,7,8 Step L to L, step R beside L, step L back, touch R toes beside L

S3. ROCK RECOVER, TOUCH R TOES SIDE R, TOGETHER, ¼ TURN R TOUCH L TOES SIDE L, CLOSE, SIDE R, TOGETHER

1,2,3,4 Rock back on R, recover weight on L, touch R toes to R side, step R beside L
5,6,7,8 ¼ turn R touching L toes to L, step L beside R, touch R toes to R, touch R beside L

S4. KICK BALL CHANGE, SIDE, ¼ TURN L, SIDE TOGETHER, SIDE TOUCH

1&2,3,4 Kick R fwd, step back on R, step L in place, step R to side, ¼ turn L stepping L in place
5,6,7,8 Step R to R, touch L beside R, step L to L, touch R beside L

Section B (32 counts)

S1. ROCK RECOVER, FWD SHUFFLE, ROCK RECOVER, BACK SHUFFLE

1,2,3&4 Rock R back, recover weight on L, fwd shuffle on RLR
5,6,7&8 Rock L fwd, recover weight on R, back shuffle on LRL

S2. ¼ TURN R ROCK RECOVER, FWD SHUFFLE, ½ TURN L ROCK RECOVER, FWD SHUFFLE

1,2,3&4 ¼ turn R rock R back, recover weight on L, fwd shuffle on RLR
5,6,7&8 ½ turn L rock L back, recover weight on R, fwd shuffle on LRL

S3. CROSS ROCK RECOVER, TRIPLE STEP, ¼ TURN R STEP L FWD, PIVOT ½ TURN R, TRIPLE STEP

1,2,3&4 Cross rock R over L, recover weight on L, triple step in place on RLR
5,6,7&8 ¼ turn R stepping L fwd, pivot ½ turn R, triple step in place on LRL

S4. CROSS ROCK RECOVER, TRIPLE STEP, CROSS ROCK RECOVER TRIPLE STEP

1,2,3&4 Cross rock R over L, recover weight on L, triple step in place on RLR
5,6,7&8 Cross rock L over R, recover weight on R, triple step in place on LRL

Have Fun & Happy Dancing!

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