

# Easy

拍數: 64      牆數: 4      級數: Improver / Intermediate  
編舞者: Lorraine Turner (AUS) - December 2012  
音樂: Easy - Tanya Tucker



**Begin: On the word "Man"**

**1/2 TURN RIGHT, KICK LEFT LEG, SWIVEL 1/2 TURN RIGHT, KICK RIGHT LEG, TRANSFER WEIGHT TO LEFT FOOT, SHUFFLE BACK ON RIGHT, ROCK BACK ON LEFT, ROCK FORWARD ON RIGHT**

- 1,2            Stepping back on R, 1/2 turn R, Place R foot, Kick L leg
- 3,4            Place L foot in front of R and swivel on ball of both feet, 1/2 turn R, Transfer weight onto L foot, Kick R leg
- 5&6           Step back on R, Step L beside R, Step back on R (back shuffle)
- 7,8            Rock back on L, Rock fwd on R

**SHUFFLE FORWARD LEFT, MOVING BACKWARDS RIGHT 45, LEFT 45, RIGHT 45, ROCK FORWARD ON RIGHT STEP FORWARD ON LEFT, TOUCH RIGHT TOE BEHIND LEFT**

- 1&2            Step fwd on L, Step R beside L, Step fwd on L (fwd Left shuffle)
- 3&            Moving backwards do a 45 with R heel, Step back on R
- 4&            Moving backwards do a 45 with L heel, Step back on L
- 5,6            Moving backwards do a 45 with R heel, Rock fwd on R \*\*\*\*\*
- 7,8            Step fwd on L, Touch R behind L

**REPEAT FROM START TO \*\*\*\*\* Then Continue on with second set of 7 &8 steps. Repeat the same thing all the way through dance.**

- 7&8            Step fwd on L, Step R beside L, Step fwd on L (fwd Left shuffle)

**MOVING FORWARD DO 2 KICK BALL CHANGES, 1/2 MONTEREY**

- 1&2            Moving fwd Kick R foot, Replace R, Step L beside R (R kick ball change)
- 3&4            Moving fwd Kick R foot, Replace R, Step L beside R (R kick ball change)
- 5,6,7,8        Touch R toe to R side, Turning 1/2 turn on ball of L step R beside L, Touch L toe to L side, Step L beside R (Monterey turn)

**MOVING FORWARD DO 2 KICK BALL CHANGES, STEP FORWARD ON RIGHT DO FULL TURN LEFT, RIGHT SHUFFLE FORWARD**

- 1&2            Moving fwd Kick R foot, Replace R, Step L beside R (R kick ball change)
- 3&4            Moving fwd Kick R foot, Replace R, Step L beside R (R kick ball change)
- 5&6            Full turn L, L-R
- 7&8            Step fwd on R, Step L beside R, Step fwd on R (fwd Right shuffle)

**STEP FORWARD ON LEFT, FULL TURN RIGHT, SHUFFLE FORWARD ON LEFT, SIDE SHUFFLE RIGHT, ROCK BACK ON LEFT, ROCK FORWARD ON RIGHT**

- 1&2            Full turn R, R-L
- 3&4            Step fwd on L, Step R beside L, Step fwd on L (fwd Left shuffle)
- 5&6            Step R to R side, Step L beside R, Step R to R side (R side shuffle)
- 7&8            Rock back on L, Rock fwd on R

**SIDE SHUFFLE LEFT, ROCK BACK ON RIGHT, ROCK FORWARD ON LEFT, STEP RIGHT FOOT AT 45%, ROCK BACK ON LEFT, FORWARD ON RIGHT, TURN 1/4 LEFT, STEP LEFT FOOT FORWARD, ROCK BACK ON RIGHT, FORWARD ON LEFT**

- 1&2            Step L to L side, Step R beside L, Step L to L side (L side shuffle)
- 3,4            Rock back on R, Rock fwd on L
- 5&6            Step R foot fwd at a 45% angle, Rock back on L, Fwd on R
- 7&8            Turn 1/4 turn L, Step L foot fwd, Rock back on R, Fwd on L

**[64] Count Dance:**

**START AGAIN:**

**TAGS: At the end of 3rd and 4th walls, Repeat last 2 lines. 5&6,7&8**

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