

# I Melt

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Lorraine Turner (AUS) - December 2012  
音樂: I Melt - Rascal Flatts



**Begin: On heavy down beat count 18 beats and start on the word. "When"**

## **RIGHT SAMBA, LEFT SAMBA, 1/2 TURN LEFT, 1/2 TURN RIGHT**

1&2&      R to R side, L to L side, Cross R over L - Hold (Samba)  
3&4&      L to L side, R to R side, Cross L over R - Hold (Samba)  
5&6      Step back on R, 1/2 turn L, Place L foot. Step fwd on R  
7&8      Step back on L, 1/2 turn R, Place R foot. Step fwd on L - Hold

## **SYNCOPATED BEHIND SIDE FRONT, LEFT. SYNCOPATED BEHIND SIDE FRONT, RIGHT, WITH A 1/4 RIGHT TURN. FOUR SYNCOPATED STEPS TO THE LEFT**

1&2      R behind L, L to L side, Cross R over L - Hold  
3&4      Rock back on L, Step R to R side, turning 1/4 turn R, Step fwd on L - Hold  
5&6&      R behind L, L to L side, Cross R over L, L to L side  
7&8      R behind L, L to L side, Cross R over L - Hold

## **ROCK BACK LEFT, FOUR SYNCOPATED STEPS TO THE RIGHT, ROCK BACK RIGHT, 1/4 TURN LEFT X 2, ROCK LEFT, 1/2 TURN RIGHT X 2**

1&2&      Rock back on L, R to R side, Cross L over R, R to R side  
3&4      L behind R, R to R side, Cross L over R - Hold  
5&6      Rock back on R, Step L foot a 1/4 turn L, Turn 1/4 L, Place R foot  
7,8      Rock L to L side, Swing R foot 1/2 turn R, Swing L foot 1/2 turn R

## **COASTER CROSS STEP, STEP LEFT, DRAG RIGHT TO LEFT, LEFT TO RIGHT, 1/4 TURN RIGHT COASTER STEP, STEP FORWARD ON RIGHT, 1/4 PIVOT LEFT, 1/2 PIVOT LEFT**

1&2      Step back on R, step L beside R, Cross R over L (Coaster Cross)  
3&4&      Step L to L side, Drag R to meet L, Step R to R side, Drag L to meet R  
5&6      Step back 1/4 R on L foot, Step R beside L, Step fwd on L (1/4 Coaster Step)  
&7&8      Step fwd on R, 1/4 Pivot L, Step fwd on R, 1/2 Pivot L

**[32] Count Dance:**

**START AGAIN:**

**Contact Chor.: 07 49395275**