

Shame On Me

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: John Warnars (NL) - December 2012
音樂: Shame On Me - Roly Daniels & DEE REILLY : (CD: Sweet Memories)



Intro 16 counts (Start on vocals) - Info: No Tags or Restarts

(01-08) DOUBLE DIAGONAL KICKS, STEP BACK, TOE TOUCH (cross), STEP, LOCK, STEP, SCUFF;

- 1 RF kick RF diagonal right forwards
- 2 RF kick RF diagonal right forwards
- 3 RF step with RF backwards
- 4 LF tap with LF toes across RF
- 5 LF step with LF forwards
- 6 RF cross step RF behind LF (lock)
- 7 LF step with LF forwards
- 8 RF scuff with RF forwards

(09-16) STEP FWD, ¾ TURN L, HOLD, BEHIND, SIDE, CROSS, HOLD;

- 1 RF step with RF forwards
- 2 LF+RF make a ½ turn left (6)
- 3 RF step with ¼ turn left to left side (3)
- 4 hold
- 5 LF cross step LF behind RF
- 6 RF step RF to right side
- 7 LF cross step LF over RF
- 8 hold

(17-24) DIAG. STEP FWD, CLOSE, HEEL TWIST (R swivel & back), DIAG. STEP FWD, CLOSE, HEEL TWIST (L swivel & back),

- 1 RF step RF diagonal right forwards
- 2 LF step LF next RF
- 3 LF+RF swivel or twist with heels to right
- 4 LF+RF swivel or twist with heels back to center
- 5 LF step LF diagonal left forwards
- 6 RF step RF next LF
- 7 RF+LF swivel or twist with heels to left
- 8 RF+LF swivel or twist with heels back to center

(25-32) R LOCK STEP BACK (slow), SWEEP with ½ TURN L (front to back), L COASTER STEP (slow), HOLD;

- 1 RF step with RF backwards
 - 2 LF cross step LF across RF (lock)
 - 3 RF step with RF backwards
 - 4 LF sweep with LF, ½ turn left, (9) front to back
 - 5 LF step with LF backwards
 - 6 RF step RF next LF
 - 7 LF step LF forwards
 - 8 hold
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- 1 RV Start again (kick RF diagonal right forwards)

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