

Just A Little Shook Up

拍數: 48 牆數: 2 級數: Beginner
編舞者: Monica Phillips (UK) - December 2012
音樂: All Shook Up - Elvis Presley



Sec 1: Chasse Right, Rock Back, Chasse Left, Rock Back

1&2 Step right foot to right, step left beside right, step right to right
3-4 Rock back on left, replace on right
5&6 Step left to left, step right beside left, step side left
7-8 Rock Back on right, replace on left.

Sec 2: Walk Forward Right, Walk Forward Left, Kick, Walk Back Left, Right, Left Touch

1-2 Walk forward right, walk forward left
3-4 Walk forward right, kick left forward
5-6 Walk back left, walk back right
7-8 Walk back left, touch right.

Sec 3: Chasse Right, Rock Back, Chasse Left, Chasse, Rock Back

1&2 Step right foot to right, step left beside right, step right to right
3-4 Rock back left, replace on right
5&6 Step left to left, step right beside left, step left to left
7-8 Rock back on left, replace on right.

Sec 4: Stomp Right, Stomp Left, Wiggle

1-2 Stomp forward right hold
3-4 Stomp forward left, hold
5-8 Wiggle for 4 counts. * restart wall 3&5

Sec 5: Grapevine Right, Touch, Grapevine ½ turn left

1-2 Step right to right, step left behind right,
3-4 Step right to right, touch left beside right
5-6 Step left to left, step right behind left
7-8 Step left ½ left, scuff right forward.

Sec 6: Grapevine Right, Touch, Grapevine Left, Touch.

1-2 Step right to right, step left behind right,
3-4 Step right to right, touch left beside right
5-6 Step left to left, step right behind left,
7-8 Touch right beside left.

Restart: end of sec 4 - Walls 3 & 5

Tag: End of Wall 6

1-8 Grapevine right, Grapevine left, Stomp, Stomp Wiggle.

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