

Neon (P)

COPPER KNOB
STEPSHETS

拍數: 48 牆數: 0 級數: Partner dance
編舞者: Josie Copley (UK) - October 2011
音樂: Neon - Chris Young



Start facing LOD holding inside hands - Opposite footwork throughout. Mans steps listed.

ROCK STEP, SHUFFLE, ROCK STEP SHUFFLE [LADY 1/2 TURN SHUFFLE]

1-4 Rock fwd on Lt, back on Rt, shuffle back LRL

5-8 Rock back on Rt, fwd on Lt, shuffle fwd RLR

[Lady shuffle fwd under raised arms turning 1/2 turn Rt to end facing RLOD in closed western]

WALK, WALK, SHUFFLE, ROCK STEP APART, SHUFFLE 1/2 TURN, [LADY SHUFFLE FWD INTO WRAP]

9-12 Walk fwd Lt, Rt, [lady walk back] shuffle fwd LRL

13-14 Rock Back on Rt, fwd on Lt [rock apart into double hand hold]

15&16 Shuffle fwd RLR turning 1/2 around lady to RLOD taking mans Lt Lady's Rt arm over Lady's head

[Lady shuffle fwd passing Rt shoulders into Right side by side wrap]

WALK WALK SHUFFLE ROTATING 3/4 TURN CW IN WRAP, STEP, STEP, TRIPLE [OUT OF WRAP]

17-20 Walk fwd Lt, Rt, shuffle fwd LRL rotating in wrap 3/4 turn Rt to end facing OLOD behind Lady

[Lady walk back Rt, Lt, shuffle back rotating 3/4 turn, to end facing OLOD]

21-24 Step in place Rt, Lt, Triple in place RLR

[Lady unwind out of wrap 1/2 turn Rt to face man, stepping Lt, Rt, triple LRL]

SIDE ROCK, CROSS SHUFFLE X 2

25-28 Rock Lt to Lt side, recover onto Rt, cross shuffle LRL

29-32 Rock Rt to Rt side, recover onto Lt, cross shuffle RLR

SIDE, BEHIND, 1/4 TURN SHUFFLE, WALK, WALK 1/2 TURN SHUFFLE

33-36 Step Lt to Lt side, Rt behind Lt, turning 1/4 into LOD, shuffle fwd LRL inside hand hold

37-40 Walk fwd Rt, Lt, turning 1/2 turn Rt under raised inside arms in front of Lady, shuffle fwd RLR

[Lady walk Lt, Rt around Man turning 1/2 Lt taking Lady's Lt arm, mans Rt, over mans head, to end on mans Rt side facing RLOD]

ROCK STEP, COASTER STEP, WALK, WALK 1/2 TURN, SHUFFLE

41-44 Rock fwd on Lt, back on Rt, step back on Lt, step Rt next to Lt, step fwd on Lt

45-48 Walk fwd Rt, Lt, around Lady turning 1/2 turn Rt to face LOD, shuffle fwd RLR

[lady walk Lt, Rt, turning 1/2 turn Lt under raised inside arms]

Start again

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