

Country & Cold Cans

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Improver
編舞者: Vickie Smith (USA) - September 2012
音樂: Country & Cold Cans - Dierks Bentley



Alt. music:-

Boom Boom goes my Heart - Alex Swings Oscar
Mercy - Glee Club

This dance is fun for all kinds of music.

Hip bumps should be in a forward/back motion:
When switching Direction of bumps, roll hips in a ½ circle motion.

R VINE ¼ TURN R, STOMP, HIP BUMPS

1-4 Step R, Behind With L Step R ¼ Turn R, Stomp L
5-6 7&8 Bump Hips R-L, Bump Hips R-L-R
9-10 11&12 Bump Hips L-R, Bump Hips L-R-L

R VINE ¼ TURN R, STOMP, HIP BUMPS

13-16 Step R, Behind With L Step R ¼ Turn R, Stomp L
17-18 19&20 Bump Hips R-L, Bump Hips R-L-R
21-22 23&24 Bump Hips L-R, Bump Hips L-R-L

TOE STRUTS, JAZZ BOX

25-28 R Toe Strut Forward, L Toe Strut Forward
29-32 Step R Over L, Step Back L, Together R, Scuff L
33-36 L Toe Strut Forward, R Toe Strut Forward
37-40 Step L Over R, Step Back R, Together L, Scuff R

TOUCHES, SAILOR SHUFFLES

41-42 Touch R Forward, Touch R To R Side
43&44 Step R Behind L, Step L To Side, Step R In Place
45-46 Touch L Forward, Touch L To L Side
47&48 Step L Behind R, Step R To Side, Step L In Place

REPEAT & HAVE FUN!

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