

Slow Surrender

拍數: 24 牆數: 4 級數: High Beginner
編舞者: Niels Poulsen (DK) - September 2012
音樂: Overgir Mig Langsomt - Mads Langer : (iTunes)



Intro: 24 count intro (app. 15 seconds). Start with weight on R foot

[1 – 6] L Twinkle, R weave

1 – 3 Cross L over R (1), step R to R diagonal (2), step L to L diagonal (3) 12:00
4 – 6 Cross R over L (4), step L to L side (5), cross R behind L (6) 12:00

[7 – 12] Step L to L, drag R, R rolling vine

1 – 3 Step L a big step to L side (1), drag R slowly towards L (2), touch R to L (3) 12:00
4 – 6 Turn ¼ R stepping fw on R (4), turn ½ R stepping back on L (5), turn ¼ R stepping R to R side (6) 12:00

[13 – 18] L cross rock side, R twinkle ¼ R

1 – 3 Cross rock L over R (1), recover on R (2), step L to L side (3) 12:00
4 – 6 Cross R over L (4), step L to L side (5), turn ¼ R on L stepping R to R side (6) 3:00

[19 – 24] Step L diagonally R, kick R, step R back, slide and point L to L over 2 counts

1 – 3 Turn 1/8 R stepping L diagonally fw R (1), hitch R knee (2), kick R fw (3) 4:30
4 – 6 Step back on R still on the diagonal (4), start sliding L to L side (5), point L to L side (6) [4:30]

Note: when you start from the top with your L twinkle you'll square up towards 3:00

Begin again!...

Ending: You'll automatically finish facing 12:00 completing your 12th wall. Tadaah!!! 12:00

**Note: Don't be afraid to move with the music turning your body to the diagonals.
Just remember to stay focussed with your head, i.e. keep your home wall in mind!**

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