

# Sing Sing Sing

**COPPER** **NOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Improver / Low Intermediate  
編舞者: Simon Ward (AUS) - December 2012  
音樂: Sing (Tell The Blues So Long) - David Campbell : (Album: Shout!)



## [1-8] Shuffle to R, Cross/rock, recover, shuffle to left ¼ L, R fwd, ½ pivot L

1&2      Step right to right side, step left beside right, step right to right side  
3-4      Cross/rock left over right, recover weight onto right  
5&6      Step left to left side, step right beside left, step left to left side turning ¼ turn left 9.00  
7-8      Step right forward, pivot ½ turn left taking weight onto left 3.00

## [9-16] Point R side, cross/step, point L side, cross/step, R side tap heel x 3 raising R arm

1-2      Point right toe to right side, cross/step right over left travelling slightly forward  
3-4      Point left toe to left side, cross/step left over right travelling slightly forward  
5-8      Step right to right side, tap right heel for 3 counts while extending right arm down and up,  
take weight on R

( fingers apart look at hand while raising arm slowly up on counts 5-8)

## [17-24] ¼ turn R stepping L fwd, pivot ½ turn R, L fwd, Kick R, R back, Touch L toe, Push hips fwd back

1-2      Turn a ¼ turn right & step forward on left 6.00, pivot ½ turn right taking weight onto right  
12.00  
3-4      Step left forward, kick right forward  
5-6      Step right back, touch left toe across right  
7-8      Push hips/pelvis forward on balls of feet, recover weight back onto right

## [25-32] L toe strut, Cross R toe strut, L back, R tog, shuffle L fwd

1-2      Touch left toe to left, drop left heel in place (toe strut)  
3-4      Cross/step right toe over left, drop right heel in place (toe strut)  
5-6      Step back on left, step right beside left  
7&8      Step left forward, step right beside left, step left forward

## [33-40] R toe heel cross, L toe heel cross, R side, ¼ turn L

1-3      Touch right toe beside left turning toe/knee in, Touch right heel at 45 deg right, cross/step  
right over left  
4-6      Touch left toe beside right turning toe/knee in, Touch left heel at 45 deg left, cross/step left  
over right

(swivel feet while doing counts 1-6)

7-8      Step right to right side, turn ¼ turn left taking weight onto left 9.00

## [41-48] R fwd, hold snap, L fwd, hold snap, ¼ left Hold x 3 and extend arms in singing expression

1-2      Step right forward, hold and snap fingers to right side  
3-4      Step left forward, hold and snap fingers to left side  
5-8      Step right forward turning ¼ turn left 6.00, hold for 3 counts while extending both arms  
forward and out to side

(arm movements on 5-8 are like you are expressing "singing")

## [49-56] ¼ L shuffle L fwd, ½ L shuffle R back, ¼ L shuffle L side, cross/rock R, recover L

1&2      Turn ¼ turn left & step left slightly forward, step right beside left, step left slightly forward 3.00  
3&4      Turn ½ turn left & step right slightly back, step left beside right, step right slightly back 9.00  
5&6      Turn ¼ turn left & step left slightly to left side, step right beside left, step left slightly to left  
6.00  
7-8      Cross/rock right over left, recover weight onto left

**[57-64] ¼ R Monterey turn, R fwd, pivot ¼ turn L, R kick ball change**

- 1-2 Point right toe to right side, turn ¼ turn right stepping right beside left 9.00  
3-4 Point left toe to left side, step left beside right (1-4 is a monterey turn)  
5-6 Step right forward, pivot ¼ turn left taking weight onto left 6.00  
7&8 Kick right forward, step onto ball of right, step onto left (kick ball change)

**RESTART**

**Note: Dance to be split with Maddison Glover's Intermediate dance "Sing & Tell"**

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