

My Own Way

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Diba Munaf (INA) - December 2012
音樂: My Way - Frank Sinatra



Intro : 8 count

Note : This Dance is dedicated to the Launching of La PaDuCy by Donny Andre, Pekanbaru, Indonesia

SECTION 1

1 Step RF to R 12.00
2 LF back rock
& Recover to RF
3 1/4 turn R , LF to L 3.00
4 Sweeping RF back, Cross Rf behind LF
& LF to L
5 Cross RF over LF
6 LF side rock
& Recover to RF
7 Cross LF over RF
& Step RF to R
8 Cross LF over RF
& Step RF backward

SECTION 2

1 1/4 turn L , LF to L 12.00
2 Cross RF over LF
& 1/8 turn R , LF to L 1.30
3 RF step backward
4 LF step backward
& 1/8 turn R , RF to R 3.00
5 LF step forward
6 RF step forward
& 1/4 turn R , LF to L 6.00
7 Cross RF behind LF
& LF to L
8 Cross RF over LF
& Recover to LF

SECTION 3

1 Step RF to R
2 Step LF forward
& 1/2 turn R (weight on RF) 12.00
3 Step LF forward
4 1/2 turn L , step RF back 6.00
& 1/2 turn L , step LF forward 12.00
5 Sweep RF from back to front
6 Lock RF over LF
& Step LF back
7 Step RF back
& Lock LF over RF
8 Step RF back

& 1/2 turn L , step LF forward 6.00

SECTION 4

- 1 Step RF forward
- 2 Step LF to L
- & Close RF to LF
- 3 Cross LF over RF
- & Step RF to R
- 4 Cross LF over RF
- & Step RF to R
- 5 Close LF to RF
- 6 Cross RF over LF
- 7 Step LF to L, Prep To turn
- 8 Full R Monterey Turn 6.00

(End with weight on LF)

Restart : On wall 6 & 10 do only 2 sections and restart

Ending : On wall 11 at section 4 do only ½ Monterey Turn

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