

# Blow My Whistle

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Anette C. Holtet (NOR) - September 2012  
音樂: Whistle - Flo Rida



16 count intro – start on the word “whistle”

Restart after first 16 counts on wall 2 - 4 - 8

**Step R heel, L toe, together, step L heel, R toe, together, R rock step, L shuffle ½ turn**

1&2      Step forward right heel, step in place on left toe, step right together

3&4      Step forward on left heel, step in place on right toe, step left together

**Styling: Bend knees a little and twist on heel from inside and out to the side**

5-6      Rock forward on right, recover on left

7&8      Turn ¼ to right stepping right to right, step left together, turn ¼ to right stepping right forward

**Step L heel, R toe, together, step R heel, L toe, together, L rock step, back, out, out**

1&2      Step forward on left heel, step in place on right toe, step left together

3&4      Step forward right heel, step in place on left toe, step right together

**Styling: Bend knees a little and twist on heel from inside and out to the side**

5-6      Rock forward on left, recover on right

7&8      Step back on left, step right to right, step left to left

**Sway right, sway left, left chasse, sway left, sway right, right chasse with ¼ turn left**

1-2      Sway hips to right, sway hips to left

3&4      Step right to right, step left next to right, step right to right

5-6      Sway hips to left, sway hips to right

7&8      Step left to left, step right next to left, step left ¼ turn left stepping forward

**Step, ½ turn left, shuffle ½ turn left, coaster, walk, walk**

1-2      Step forward right foot, ½ turn to left put weight on left

3&4      ¼ turn left stepping right to right side, step left together, ¼ turn left stepping right back

5&6      Step left back, step, right next to left, step left forward

7-8      Walk forward on right, walk forward on left

**REPEAT & HAVE FUN!**

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