

Atmosphere (P)

COPPER **KNOB**
BY STEPHEN HETS

拍數: 32

牆數: 0

級數: Absolute Beginner - Conga Partner
Dance



編舞者: Justine Brown (UK) & Honky Tonk Cliff (UK) - December 2012

音樂: Any Party Music

Practice Music:: Atmosphere by Russ Abbot

Then any Party song you have depending on the time of year you're doing it!

The way it works...

- * Start by grabbing a willing partner.. (that's the hard bit)
- * Stand in a circle facing anti clockwise around the room, With the Lady (P1) in front of the Gent (P2)
- * Now everyone puts their hands on the shoulders of the person in front..
- * You are on opposite feet so (P1) leads on the Right (P2) leads on the Left
- * Sheet is written for the Lady (P1) just use opposite footwork for Gent (P2)

Section 1 -- DO THE CONGA!!

WALK FWD X3, KICK, - WALK FWD X3, KICK

- 1 - 2 Right Walk forward, Left Walk forward
- 3 - 4 Right Walk forward, Kick Left
- 5 - 6 Left Walk forward, Left Walk forward
- 7 - 8 Left Walk forward, Kick Right

Section 2 -- GOING FASTER!!

WALK WALK SHUFFLE - WALK WALK SHUFFLE

- 1 - 2 Right Step Forward – Left Step Forward
- 3 & 4 Shuffle forward R-L-R
- 5 - 6 Left step Forward – Right Step Forward
- 7 & 8 Shuffle forward L-R-L

Section 3 -- SIDE WE GO!!

SIDE TOGETHER SIDE CLAP – SIDE TOGETHER SIDE CLAP

- 1 - 2 Right Step to Right Side – Left Step Beside
- 3 - 4 Right Step to Side – Touch left beside
- 5 - 6 Left step to Left Side – Right Step Beside
- 7 - 8 Left Step to Left Side – Touch Right Beside

Section 4 -- ALL CHANGE LADY STEPS!!

SIDE - TOGETHER – SHUFFLE BACK – SIDE – TOGETHER – SIDE – TOUCH

- 1 - 2 Right Step to Right Side – Left Step Together
- 3 & 4 Lady (P1) shuffle back R-L-R
- 5 - 6 Left step to Left Side – Right Step Beside
- 7 - 8 Left Step to Left Side – Touch Right Beside

Section 4 -- ALL CHANGE GENTS STEPS!!

SIDE - TOGETHER – SHUFFLE FORWARD – SIDE – TOGETHER – SIDE – TOUCH

- 1 - 2 Left Step to Left Side - Right Step Together
- 3 & 4 Gent (P2) shuffle Forward L-R-L
- 5 - 6 Right step to Right Side – Left Step Beside
- 7 - 8 Right Step to Right Side – Touch Left Beside

You should end up with a new person in front of you.. ready to do it all again

Contact: justine.brown@uwclub.net

