Dr. Wanna Do



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Maryloo (FR) - November 2012

音樂: Dr. Wanna Do - Caro Emerald: (Album: Deleted Scenes from the Cutting Room

Floor)



[1-8] ROCKIN CHAIR (2X)

1-4 (QQQQ) Rock R forward, recover on L, rock R backward, recover on L
 5-8 (QQQQ) Rock R forward, recover on L, rock R backward, recover on L

[9-16] STEP LOCK STEP (R & L)

1-4 (QQS) Step R forward, lock L behind R, step R forward
 5-8 (QQS) Step L forward; lock R behind L, step L forward

[17-24] ROCKIN CHAIR (2X)

1-4 (QQQQ) Rock R forward, recover on L, rock R backward, recover on L
 5-8 (QQQQ) Rock R forward, recover on L, rock R backward, recover on L

[25-32] STEP LOCK STEP (R&L)

1-4 (QQS) Step R forward, lock L behind R, step R forward
 5-8 (QQS) Step L forward; lock R behind L, step L forward

[33-40] PIVOT 1/4 TURN LEFT & CROSS, WEAVE TO LEFT

1-4 (QQS) Step R forward, ¼ turn to left and step L to side, cross R over L
 5-8 (QQQQ) Step L to side, cross R behind L, step L to side, cross R over L

[41-48] STEP SIDE & ROCK BACK (L. & R. SIDE)

1-4 (SQQ) Large L step to side, rock R backward, recover on L
 5-8 (SQQ) Large R step to side, rock L backward, recover on R

[49-56] ¼ TURN LEFT & STEP L. FORWARD, PIVOT ½ TURN LEFT, STEP R. FORWARD, FULL TURN TO RIGHT

1-2 (S) 1/4 turn to left and step left forward

3-4 (QQ) Step R forward, pivot ½ turn to left (weight on L)

5-6 (S) Step R forward

7-8 (QQ) Full turn to right: ½ turn to R and step L back, ½ turn to right and step R forward

[57-64] STEP, PIVOT 1/4 TURN LEFT, TOUCH

1-2 (S) Step L forward3-4 (S) Step R forward

5-6 (S) Pivot ¼ turn left (weight on L)

7-8 (S) Touch R next to L

EASY TAG: 48 COUNTS

At the end of the 1st (9.00), 4th (9.00) and 6th section (12.00)

[1-8] WALKS (R.L.R.), PIVOT ½ TURN LEFT

1-2 (S) Step R forward3-4 (S) Step L forward

5-6 (S) Step R forward (look and stretch out the R arm in the direction where you walk)

7-8 (S) Pivot ½ turn lo left (weight at the end on R)

[9 - 16] WALKS (L.R.L.), PIVOT ½ TURN RIGHT

1-2 (S) Step L forward

- 3-4 (S) Step R forward
 5-6 (S) Step L forward (look and stretch out the L arm in the direction where you walk)
 7-8 (S) Pivot ½ turn to right (weight at the end on L)
- [17-24] WALKS (R.L.R.), PIVOT ½ TURN LEFT
- 1-2 (S) Step R forward3-4 (S) Step L forward
- 5-6 (S) Step R forward (look and stretch out the R arm in the direction where you walk)
- 7-8 (S) Pivot ½ turn lo left (weight at the end on R)

[25-32] WALKS (L.R.L.), PIVOT 1/4 TURN RIGHT

- 1-2 (S) Step L forward3-4 (S) Step R forward
- 5-6 (S) Step L forward (look and stretch out the L arm in the direction where you walk)
- 7-8 (S) Pivot ¼ turn to right (weight at the end on L)

[33-40] CHARLESTON STEPS

- 1-2 (S) Touch R toe forward,
- 3-4 (S) Step back on R
- 5-6 (S) Touch L toe backwards
- 7-8 (S) Step forward on L

[41-48] CHARLESTON STEPS

REPEAT the 8 counts: Charleston steps (33-40)

RESTART: During the 3th section (beginning at 3.00), after 32 counts:

You make a ¼ turn left (12.00) and you take back the dance at the beginning.

ENDING:

[57-64] STEP, PIVOT ¼ TURN LEFT, UNWIND ½ TURN TO LEFT

- 1-2 (S) Step L forward3-4 (S) Step R forward
- 5-6 (S) Pivot ¼ turn left (weight on L) (6.00)
- 7-8 (S) Cross R over L, unwind ½ turn to left (weight on L) (12.00)

Note: In this dance, there are steps which are on one count (QUICK) and there are steps which are on two counts (SLOW); There is no really stop; Because of that, I chose to not write "hold"!

Have Fun!

Contact choreographer: Marie Louise Winninger: malouwin@hotmail.fr

Last Revision - 7th December 2012