Groovy Little Cha Cha (P)

級數: Beginner Partner - Cha Cha

編舞者: Therese Howe - December 2012

音樂: Groovy Little Summer Song - James Otto

Footwork for man given (lady has opposite footwork----unless stated) Begin in closed position

ROCK FW'D, RECOVER, CHA-CHA-CHA BACK; ROCK BACK, RECOVER, CHA-CHA-CHA FW'D

- 1-2 Rock forward on left (man's variation: & dip to floor with right knee), recover weight on right
- 3&4 Step back on left, step together with right, step back on left
- 5-6 Rock back on right, recover weight on left
- 7&8 Step forward on right, step together with left, step forward on right

ROCK FW'D, RECOVER, CHA-CHA-CHA BACK; ROCK BACK, RECOVER, CHA-CHA-CHA FW'D (LADY PIVOTS ½ AND TURNS ½ BEGINNING ON COUNT 5 AND ENDING ON COUNT 8)

- 1-2 Rock forward on left, recover weight on right
- 3&4 Step back on left, step together with right, step back on left
- 5-6 Rock back on right, recover weight on left (holding lady's right hand for turn)

*Lady steps straight forward on left (count 5), turns ½ right and recovers weight on right (count 6)

7&8 Step forward on right, step together with left, step forward on right

*Lady continues turning right ¼ while stepping side on left, step together with right, and turning ¼ right stepping back on left (count 8)

(Couple ends in face to face position holding hands)

ROCK FW'D, RECOVER, CHA-CHA-CHA BACK; CROSS ROCK TURNING ¼ LEFT, RECOVER TO "FACE TO FACE" POSITION, CHA-CHA-CHA TURNING ¼ RIGHT

- 1-2 Rock forward on left, recover weight on right
- 3&4 Step back on left, step together with right, step back on left
- 5-6 Cross rock right over left (dropping lady's right hand) while turning ¼ left, recover weight back on left while turning to "face to face" position (dropping lady's left hand and picking up her right)
- 7&8 Step side on right, step together with left, while turning ¼ right step forward on right

PIVOT ½, CHA-CHA-CHA FW'D; ROCK FW'D, RECOVER, CHA-CHA-CHA BACK

- 1-2 Step forward on left (count 1) turning ½ right (dropping hand hold) recover weight on right (count 2 while picking up lady's left hand)
- 3&4 Step forward on left, step together with right, step forward on left
- 5-6 Rock forward on right, recover weight on left
- 7&8 Step back on right, step together with left, step back on right

ROCK BACK, RECOVER, CHA-CHA-CHA FW'D; PIVOT ¾ TO CLOSED POSITION, CHA-CHA-CHA

- 1-2 Rock back on left, recover weight on right
- 3&4 Step forward on left, step together with right, step forward on left
- 5-6 Step forward on right (count 5) turning ³/₄ left (dropping hand hold) recover weight on left (count 6) returning to "closed position"
- 7&8 Step in place: right, left, right

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拍數: 40

牆數:1