Does Your Mother Know



拍數: 130 牆數: 1 級數: Phrased Intermediate

編舞者: Wendy Teh (MY) - May 2008 音樂: Does Your Mother Know - ABBA



Sequence: ABBCD, ABBCD, Tag, CCC (Intro 16 counts, Part A start before vocal)

Part A (32 counts)

Side Cross Side Hop Together 2x

1 - 4 step R to R, cross L over R, step R to R, hop together slightly to R side
5 - 8 step L to L, step R over L, step L to L, hop together slightly to L side

Tap Step, Tap Step, Knee Pop

1 - 4 tap R to R twice shift weight to R, tap L to L twice shift weight to L

5 - 8 pop R knee in, pop L knee in, pop R knee in twice

Step Out Out In Touch, Step Out Out, Anchor Step

1 - 4 step R out, step L out, step R in, touch L next to R

5 6 7&8 step L out, step R out, step L behind R, step R in place, step L in place

Step Out Out In Touch, Step Out Out, Anchor Step

1 - 8 Repeat the above 8 counts

Part B (34counts)

Kick Kick Sailor Step 2x

1 2 3&4 kick R over L, kick R to R diagonal, step R behind L, step L to L, step R to R kick L over R, kick L to L diagonal, step L behind R, step R to R, step L to L

Kick Out Out, Knee Roll, Ball Change Cross Side 2x

1&2 kick R fwd, step R out, step L out

roll R knee out to R side, roll L knee out to L side
step R slightly behind L, cross L over R, step R to R
step L slightly behind R, cross R over L, step L to L

Shoulder Shift Up Down, Cross Kick

step R in place, R shoulder down-up down (while L shoulder up-down-up)lift up L to L side step L in place, L shoulder down-up down (while R shoulder up-down-up)lift up R to R side

5 6& kick R over L twice, step R next to L

7 8 kick L over R twice

Cross Kick R-L, Push Hip Side Backward Side Forward, Jump Together, Shimmy

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Part C (32 counts)

Step L, Hip Bump

1 - 4 step L to L bump hip to L-R-L-R (in sit position weight on R)

[L hand on waist, R finger point up to L, up to R, down to L, down to R]

5 - 8 bump hip R 4x [cross both hands in front with palm open face down and open both hands to

side] (weight still on R)

Toe Switches, Touch Toe, Tap R Heel

1&2 point L to L, step L next to R, point R to R

\$3 step R next to L, touch L in place\$4 step L next to R, touch R in place

5 - 8 tap R heel 4x

L Shuffle Fwd, R Shuffle Fwd, L Shuffle Back, Step Out Out

1&2 L fwd shuffle3&4 R fwd shuffle5&6 L back shuffle

7 8 step L out, step R out

Swivets or (Option: Quick Applejack L-R-L-L, R-L-R-R)

1 - 4 swivel left toe to left as right heel swivels out. Bring back to centre. Swivel right toe to right as

left heel swivels out. Bring back to centre.

5 - 8 swivel left toe to left as right heel swivels out. Bring back to centre. Swivel right toe to right as

left heel swivels out. Bring back to centre.

(weight end on R)

Part D (32 counts)

Cross Walk Moving To Right Side

&1 - 4 step L next to R, step R to R, Hold, cross L over R, Hold,

5 - 8 step R to R, Hold, cross L over R, Hold

Shoulder Pop, Body Roll Backward

1 - 4 step R toe to R diagonal, isolate shoulder fwd-back-fwd, Hold

5 - 8 body roll backward (weight on L)

Cross Walk Step Moving To Left Side

&1 - 4 step R next to L, step L to L, Hold, cross R over L, Hold,

5 - 8 step L to L, Hold, cross R over L, Hold

Shoulder Pop, Body Roll Backward

1 - 4 step L toe to L diagonal, isolate shoulder fwd-back-fwd, Hold

5 - 8& body roll backward (weight on R), step L next to R

Tag

1 - 4 rolling full turn R, touch L next to R

Year Choreographed : Dec 2008 Year Released : Dec 2012

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