

In The Summertime

COPPER KNOB
BY SHEETS

拍數: 48 牆數: 4 級數: High Beginner / Low Intermediate
編舞者: Amy Glass (USA) - October 2012
音樂: In the Summertime (feat. Projekt 28) (Nordbeatz Mix) - Mungo Jerry : (iTunes)



Intro: 48 counts; Start dancing at the beginning of the lyrics

[1-8] Step Side R, Hold, Step Side L, Hold, ¼ Turn Shuffle (R,L,R), Hold

1-2 Step R slightly to the R, hold
3-4 Step L slightly to the L, hold
5-8 Step R to R side, step L next to R, turn ¼ R stepping forward R, hold (3:00)

***Options for 1-4: dancers may bend their knees while stepping R and L, they may add slight shoulder shrugs, or they may turn their body ¼ R and ½ L with the two steps**

***Option for 5-7: change to hip bumps R,L,R, moving slightly down the line of dance, and still turning ¼ R**

[9-16] Rock Forward L, Recover R, ½ Turn L Stepping Forward L, Hold, ? Turn L (Counter-Clockwise) Hip Rolls x2

1-2 Rock forward L, recover back on R
3-4 Turn ½ L stepping forward L, hold (9:00)
5-6 Step R, L, turning ? L and rolling hips counter-clockwise (7:30)
7-8 Step R, L, turning ? L and rolling hips counter-clockwise (6:00)

***Option for 13-16: remove hip rolls but turn ¼ slowly stepping R,L,R,L**

[17-24] Rock Forward R, Hold, Recover L, Step Together R, Rock L Forward, L Side Rock

1-2 Rock forward R, hold
3-4 Recover back L, step R next to L
5-8 Rock forward L, recover R, side rock L, recover R

[25-32] Cross L, Hold, Side Rock R, Recover, Cross R, Hold, Side Rock L, Recover

1-2 Cross L over R, hold
3-4 Step R slightly R and back, step side L
5-6 Cross R over L, hold
7-8 Step L slightly L and back, step side R

***Option: when crossing L or R, angle the body to the diagonal and then use the next steps to square back up to the original wall**

[33-40] Cross L, Hold, Step Side R, Step Behind L, R Heel Flick x2

1-2 Cross L over R, hold
3-4 Step R to R side, step L slightly crossed behind R
5-6 Touch R beside L, flick R heel to R side
7-8 Touch R beside L, flick R heel to R side

***Option for heel flicks: dancer may choose to hitch right knee or may touch R foot out, in**

[41-48] Forward Mambo, Hold, ¼ Turn Sailor L, Hold

1-4 Forward Mambo (rock forward R, recover L, step together R), hold
5-8 Step L behind R, turn ¼ L step side R, step side L, hold (3:00)

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