

Just Be

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Craig Bennett (UK) - November 2012
音樂: Just Be - Paloma Faith



[1-6] Step half turn, Back together step

1,2,3 Step forward onto left, 1/2 turn left stepping back onto right, Step back onto left
4,5,6 Step back onto right, Step left next to right, Step right next to left

[7-12] Left twinkle 2, 3, Cross turn 1/4, 1/8

1,2,3 Cross left over right, Step right to right side, Step left next to right
4,5,6 Cross right over left, Make 1/4 turn right stepping back onto left, Make 1/8 turn stepping forward onto right (you are now facing front left diagonal)

[13-18] Forward 2,3, Back 5,6

1,2,3 Step forward onto left, Step right next to left, Step left next to right
4,5,6 Step back onto right, Step left next to right, Step right next to left

[19-24] Step full spiral turn, Step 1/8 turn, 1/4 turn

1,2,3 Step forward onto left, Unwind a full turn right over 2 counts
4,5,6 Step forward onto right, 1/8 turn right stepping back on left, 1/4 turn stepping right to right side

[25-30] Weave cross, Side, Behind, 1/4 step 1/4 turn

1,2,3 Cross left over right, Step right to right side, Cross left behind right
4,5,6 Step right forward making 1/4 turn right, Step forward onto left, Make 1/4 turn pivot right

[31-36] Cross turn 1/4, Turn 1/4, Weave cross, Side, Behind

1,2,3 Cross left over right, Step 1/4 turn left stepping back onto right, 1/4 turn left stepping left to left side
4,5,6 Cross right over left, Step left to left side, Step right behind left

[37-42] 1/4 Turn left, 1/2 turn, 1/2 turn, Rock recover step

1,2,3 Make 1/4 turn left stepping forward onto left, 1/2 turn left stepping back on to right, 1/2 turn left stepping forward onto left
4,5,6 Rock forward onto right, Recover back onto left, Step back onto right

[43-48] Rock recover 1/2, Run, Run, Run

1,2,3 Rock back onto left, Recover forward onto right, 1/2 turn right stepping back onto left
4,5,6 Walk forward right, Left, Right

Tag: At the end off wall 4 (facing front wall)

1,2,3 Step forward onto left, Step right next to left, Step left next to right
4,5,6 Step right back, Step left next to right, Step right next to left
1,2,3 Hold for 3 counts