

Chicken In The Pen

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Larry Schmidt (USA) - December 2012
音樂: Chickens In the Pen - Kid Rock : (CD: Rebel Soul)



Start on Vocals

[1-8] WALK X2, STEP, ½ PIVOT, STEP-½ PIVOT-STEP, KICK-BALL-CHANGE

1, 2 Step right foot forward, Step left foot forward.
3, 4 Step right forward, Pivot ½ left onto left foot. (6:00)
5&6 Step right forward, Pivot ½ left onto left, Step right forward. (12:00)
7&8 Kick left foot forward, Step left next to right, Step right slightly forward.

[9-16] ROCK, RECOVER, ¼ SIDE, DRAG, RIGHT SAILOR, LEFT SAILOR W/ ¼ TURN

1, 2 Rock forward onto left foot, Recover weight to right foot.
3, 4 Turn ¼ left taking a long step to the side, Drag right foot toward left. (9:00)
5&6 Step right foot behind left, Step left foot left, Step right foot right.
7&8 Step left behind right turning ¼ left, Step right next to left, Step left foot forward. (6:00)

[17-24] CROSS, POINT, SIDE-POINT-SIDE-POINT, CROSS ¼ TURN, TRIPLE W/ ¼ TURN

1, 2 Step right foot forward across left, Point left toes to left
&3&4 Step left foot next to right, Point right toes right, Step right next to left, Point left toes left.
5, 6 Step left foot across right, Turn ¼ left stepping back onto right. (3:00)
8&1 Turn ¼ left stepping forward onto left, Step right next to left, Step left foot forward.(12:00)

[25-32] ROCK, RECOVER, TRIPLE W/ ½ TURN, ROCK, RECOVER, BACK COASTER W/ ¼ TURN

1, 2 Rock forward onto right foot, Recover weight to left.
3&4 Turn ¼ right stepping to side onto right, Step left next to right, Turn ¼ right stepping forward onto right. (6:00)
5, 6 Rock forward onto left, Recover weight to right.
7&8 Turn ¼ left sweeping left foot back, Step right next to left, Step left foot forward. (3:00)

TAG: (12 counts, after 1st and 4th repetitions)

[1-8] POINT, TOGETHER, POINT, TOGETHER, HEEL, TOGETHER, HEEL, TOGETHER, POINT, TOGETHER, POINT, TOGETHER, POINT, 1/4 TURN

1&2& Point right toes right, Step right next to left, Point left toes left, Step left next to right.
3&4& Touch right heel forward, Step right next to left, Touch left heel forward, Step left next to right
5&6& Point right toes right, Step right next to left, Point left toes left, Step left next to right.
7, 8 Point right toes right, Turn ¼ right transferring weight back onto left foot (6:00)

[9-12] BACK ROCK, RECOVER, STEP, ¼ PIVOT

1, 2 Rock back onto right foot, recover weight to left.
3, 4 Step right foot forward, Pivot ¼ onto left foot. (3:00)

NOTE: The song is almost 5 minutes long. As an option (recommended) you can end the dance after 12 repetitions. (You will be facing the front wall) This is where the lyrics to the song end and a good place to end the dance.

ENJOY

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