

A Waltz For All Seasons

COPPER **KNOB**
BY STEPHEN METZ

拍數: 24 牆數: 4 級數: Ultra Beginner - waltz
編舞者: Linda Nyholm (CAN) - September 2012
音樂: My Heart Is a Diamond - Claire Lynch



This waltz is for all the ladies at Seasons Retirement Home—what a great group!!

[1-6] Left twinkle, right weave

1-2-3 Cross left over right, step right behind, , step left beside right
4-5-6 Cross right over left, step left to side, cross right behind left

[7-12] Waltz forward, ¼ left, waltz back

7-8-9 Step left forward ¼ to left, step right beside, left beside right
10-11-12 Step right back, step left beside right, right beside left

[13-18] Left twinkle ¼ left, right weave

13-14-15 Cross left over right, step right behind, turning ¼ left, step left beside right
16-17-18 Cross right over left, step left to side, cross right behind left

[19-24] Waltz forward, waltz back ¼ left with hold

19-20-21 Step left forward, right beside left, left beside right
22-23-24 Step right back, turning ¼ to left point left to side, hold

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