My Foolish Heart

拍數: 24

級數: Beginner

編舞者: Ira Weisburd (USA) - June 2007

音樂: My Foolish Heart - Ross Mitchell, His Band and Singers

Level of Difficulty: Beginners (though suitable for ALL LEVELS)

TWO FORWARD WALTZ TWINKLES. ¼ L WALTZ TURN. CROSS-ROCK, STEP.

- 1-3 Step with L over R (towards R Corner), Sway R to R, Sway L to L
- 4-6 Step with R over L (towards L Corner), Sway L to L, Sway R to R
- 7-9 Step L to L (making ¼ turn L), Sway R to R, Sway L to L
- 10-12 Step with R across L, Step back onto L, Step with R to R

WEAVE 3 STEPS. MAKE $^{1\!\!2}$ TURN TO R IN 3 STEPS. CROSS-ROCK STEP WITH L, CROSS ROCK STEP WITH R.

- 13-15 Step L across R, Step R to R, Step L behind R
- 16-18 Make ¹/₂ turn to R in 3 steps: R,L,R etc.
- 19-21 Step with L across R, Rock back onto R, Step L to L
- 22-24 Step with R across L, Rock back onto L. Step R to R

BEGIN DANCE.

Choreographer Contact Information: Ira Weisburd - Phone: 561-901-1200

Ira Weisburd | EMail: dancewithira@comcast.net | Website: http://www.copavisionmagazine.com

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