

Judas

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Wendy Loh (MY) - October 2011
音樂: Judas - Lady Gaga



Section 1 : Marching with pointed toes 4x, Point with head nod,

- 1&2& Point R toe forward, swing R arm forward (1), Step R beside L, R arm down at the side (&),
Point L toe forward, swing L arm forward (2), Step L beside R, L arm down at the side (&)
- 3&4& Repeat above
- 5&6 Point R toe backwards, R arm out front, L arm out to L (5), drop chin towards chest, R hand
on chest (&), lift chin look ahead, R hand still on chest (6)
- 7,8 Point R toe forward (7), Step R beside L, L hand on chest (8)

Section 2 : Point & Point, Hold, Cross Touch, Hold, Bend, Press, Step Together

- 1&2 Point R to R (1), Step R beside L (&), Point L to L (2)
- 3 Hold
- 4,5 Cross L over R, making a heart shape with your hands (4), Touch L next to R facing diagonal
10:30 (5)
- 6& Hold, stretch both hands down (6), Bend knees, push both hands above head (&)
- 7,8 Press R backwards, open both arms to the side (7), Touch R beside L, both hands on chest
(8)

Section 3 : Side Rock, Side Chasse 2X

- 1,2 Rock R to R (1), Recover on L (2)
- 3&4 Step R to R (3), Step L beside R (&), Step R to R (4)
- 5,6 Rock L to L (5), Recover on R (6)
- 7&8 Step L to L (7), Step R beside L (&), Step L to L (8)

Section 4 : Cross Rock, Ball Step, Step, Rock step, Recover, Triple Step, Cross Rock

- 1,2 Cross R over L (1), Recover on L (2),
- &3 on ball of R (&) Step L beside R (3)
- 4,5 Rock R to diagonal R (4), Recover on L (5)
- &6 on ball of R (&), Step L beside R (6)
- 7,8 Cross R over L (7), Recover on L (8),

Section 5 : Shoulders Tilts, Head Rolls, Jump

- 1 Step R to R, bend body slightly forward with both arms held together at the back, tilt R
shoulder back
- 2 Tilt L shoulder to back
- 3&4 Tilt shoulder R,L,R
- 5,6 Roll head to L, place both hands beside ears (5), then R (6)
- 7,8 Jump and close both legs together, both hands straight above head (7), both hands down at
the side (8)

Section 6 : ½ Pivot, Point, Step Forward, Body Roll, Kick back 2x

- 1,2 Step R forward (1), ½ Pivot to L (2)
- 3 ¼ turn L pointing R to R
- 4 ¼ turn stepping R forward & lower head towards R knee
- 5,6 Roll body up slowly
- 7,8 ¼ turn L on L foot & kick R leg back twice, punching both arms in the air

(Section 6A : ½ Pivot, Point, Step Forward, Body Roll, Kick back 1x, Turn ½ to L)

- 1-6 Same as Section 6

- 7 ¼ turn L on L foot & kick R leg back once
8 Turn ½ to L stepping down on R

Section 7 : Arms action : Hitting drum, Slap Butt 2x

- 1 Stomp R to R, both hands clenched to a fist, knuckles to knuckles at chest level
2,3,4 Arms action, like hitting a drum starting with L, R, L
5&6 Arms action, like hitting a drum starting with R, L, R
7 Looking back over R shoulder, Slap butt with R hand (7)
8 Looking back over L shoulder, Slap butt with L hand (8)

Section 8 : Jump, Hands & knee movement, Step forward, ½ Pivot, Walk 2x

- 1 Jump and close both legs together, held hands stretched above head
2 Slightly bend R knee towards L, both hands down behind head
3 Cover mouth with R hand (3),
4 Cover down there with L hand (4)
&5 Open R knee to R, head roll to R (&), Close R knee beside L, roll head back to centre (5)
6,7,8 Step R forward (6), ½ pivot to L (7), Touch R beside L

Tag

- 1&2& Point R toe to side, Step R beside L, Point L toe to side, Step L beside R
3-4& Point R toe to side, Hold, Step R beside L
5&6& Point L toe to side, Step L beside R, Point R toe to side, Step R beside L
7-8& Point L toe to side, Hold, Step L beside R

Dance Sequence :

Wall 1 : Section 1 – 8 (12'o'clock)

Wall 2 : Section 1, 2,1, 2, 3, 4, 3, 4, 5, 6A (6 o'clock)

Wall 3 : Section 1 – 8 (12'o'clock)

Wall 4 : Section 1, 2, 1, 2, 3, 4, 3, 4, 5 – 8 (6 o'clock)

Wall 5 : Section 1 – 8 (12'o'clock)

Wall 6 : Tag, Section 1, 2,1, 2, 3, 4, 3, 4, 5, 6A (6 o'clock)

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