

Make It Last

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Colleen Archer (AUS) - November 2012
音樂: Make It Last - Jason Owen : (CD: Single - 3:53)



Intro: 32 counts SP. Weight on L "For...Kym & Angela"

¼ PADDLE, FWD, SCUFF, ROCK FWD REC, COASTER

1, 2 Step R forward, Turn ¼ left taking weight on L
3, 4 Step R forward, Scuff L forward
5, 6 Step L forward, Recover R
7 & 8 Step L back, Step R beside L, Step L forward (9)

¾ PIVOT, SIDE, BEHIND, SIDE SHUFFLE, ROCK FWD REC

1, 2 Step R forward, Turn ¾ left taking weight L
3, 4 Step R to right side, Step L behind R
5 & 6 Step R to right side, Step L beside R, Step R to right
7, 8 Step L forward, Recover R (12)

ROCK BACK REC, TOG, ROCK BACK REC, ROCK FWD REC, FULL TURN R

1, 2 & Step L back 45° left, Recover R, Step L beside R
3, 4 Step R back 45° right, Recover L
5, 6 Step R forward, Recover L
7, 8 Turn ½ right and step R forward, Turn ½ right and step L back (12)

ROCK BACK REC, X SAMBA, ACROSS, SIDE, ¼ TURNING SAILOR

1, 2 Step R back, Recover L
3 & 4 Step R across L, Step L to left side, Recover R
5, 6 Step L across R, Step R to right side
7 & 8 Step L behind R, Turn ¼ left and step R to right side, Recover L # (9)
(Restart wall 2)

R DOROTHY, L DOROTHY, ROCKING CHAIR

1, 2 & Step R forward to 45° right, Lock L behind R, Step R slightly to right side
3, 4 & Step L forward to 45° left, Lock R behind L, Step L slightly to left side
5, 6 Step R forward, Recover L
7, 8 Step R back, Recover L (9)

¼ PADDLE, WEAVE FWD, SIDE, BEHIND, SIDE, X SAMBA

1, 2 Step R forward, Turn ¼ left taking weight L
3, 4 Step R across L, Step L to left side
5, 6 Step R behind L, Step L to left side
7 & 8 Step R across L, Step L to left side, Recover R (6)

FWD, TCH SIDE, BACK, TCH SIDE, BEHIND SIDE ACROSS, ROCK SIDE REC

1, 2 Step L forward, Touch R toe to right side
3, 4 Step R back, Touch L toe to left side
5 & 6 Step L behind R, Step R to right side, Step L across R
7, 8 Step R to right side, Recover L (6)

SAILOR, ROCK BACK REC, ¼ PADDLE, FWD, SCUFF

1 & 2 Step R behind L, Step L to left side, Recover R
3, 4 Step L back, Recover R

5, 6 Step L forward, Turn ¼ right taking weight R
7, 8 Step L forward, Scuff R forward (9)

Begin again

RESTART: # Wall TWO.... dance first 32 counts and Start wall 3 facing 6 o'clock wall.

TAG: End of wall THREE, add a rocking chair.....(facing 3 o'clock)
1 – 4 Step R forward, Recover L, Step R back, Recover L

FINISH: Dance first 8 counts

Dance may be copied and distributed provided original steps remain unchanged.

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