Trouble Maker



拍數: 64 牆數: 2 級數: High Improver

編舞者: Wendy Loh (MY) - April 2012

音樂: Trouble Maker - Trouble Maker (트러블 메이커)



Dance starts after 32 counts.

Dance Intro (when singer says 1,2,3)

1-4 Knee Pop R, L, R, Hold

(Styling: Place LH across chest, Place RH over LH, Both hands down to side

1-4 Chest Pop 4 times,

5-8 Slow Forward Body Roll, placing weight on LF

Section 1: Walk forward 4 times, Step Touch, Step Touch

1-4 Walk forward R, L, R, L

(Styling; LH on hip, Flick RH out to R side with each step like Micheal Jackson's style)

5-8 Step RF to R side, Touch LF to L side, Step LF in place, Step RF to R side

(Styling: Body Roll with each Step Touch)

Section 2: R Sailor Step, 1/4 L Sailor Step, Shoulder Roll

1&2 Step RF behind LF, step LF beside RF, step RF to R side

3&4 Turn ¼ L & step LF behind RF, step RF beside LF, Touch LF forward

5-6 Both feet in place, Swing R shoulder forward (5), Swing shoulder back, tilt body slightly to R

side (6)

7-8 Repeat 5-6

Section 3: Cross Touch, Hand Movements, Knee Roll, Hip Bump

1,2 Turn ¼ R & Cross LF over RF, Touch RF to R side

(Styling: LH on hip (1), Place RH across chest (2))

3,4 Both feet in place (3), Touch RF beside LF (4) (Styling: RH on R shoulder (3), Flick RH out to R side (4))

5,6 Step RF to R side & Roll R knee out toward R side, Touch LF in place

7,8 Both feet in place, bounce L hip twice

Section 4: Step back with Hip Roll, Body Roll, Hand & Head Movements

1,2 Step LF back, Touch RF in place & roll R hip forward3,4 Step RF back, Touch LF in place & roll L hip forward

5,6 Both feet in place & do body roll

7.8 Point LF to L side, Hold

Section 5: Walk back, Body Roll, Hip Bump

1-4 Step LF back, Step RF back, Step LF back, Step RF back

(Option: May do mash potato walk)

Touch LF back and do body roll slightly diagonal to R (1:30)
Transfer weight to LF and do hip bumps L,R,L (12:00)

Section 6: Toe in, Toe Out, Toe In, Ball, Point, Step Back Point, Step Forward Point

1,2,3&4 Touch R toe in beside LF, Touch R toe out to R, Touch R toe in beside L, Step RF in place,

Point LF to L

5,6 Cross LF behind RF, Touch RF diagonal back (10:30),

7,8 Step RF forward, Touch LF to L side (12:00)

Section 7: Cross Point, Jazz Box, Cross, Hip Bump R,L

1,2 Cross LF over RF, Point RF to R side

3-6 Cross RF over LF, Step LF back, Step RF to R side, Cross LF over RF

7,8 Step RF to R & Push R hip out, Push L hip out

Section 8 : Walk, Walk, Step ½ Turn, Hip Bumps

1,2 Step RF forward, Step LF forward

3,4 Step RF forward, Turn ½ L placing weight on LF5&6 Step RF to R side & do push R hip out twice

7&8 Push L hip out twice

Tag (Insert)

At Wall 2, dance 32 counts and do 4 count hip sway, L,R,L,R Continue dance on Count 33 after tag.

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