

M B Angel (Morecambe Bay Angel)

COPPER **NOB**
BY STEPHEN

拍數: 16 牆數: 4 級數: High Beginner
編舞者: Ryan King (UK) - November 2012
音樂: Better Than I Used to Be - Tim McGraw



8 count intro

Nightclub Basic Forward, Rock Recover Step, Coaster Step, Sweep, Cross Side Behind, Sweep, Behind Side

- 1 2& Step forward on right, Rock Forward Left, Recover onto Right.
- 3 4& Step Back Left, Step Back Right, Step Left next to Right.
- 5 6& Step Forward Right Sweeping Left Infront, Cross Left over Right, Step Right to Right Side.
- 7 8& Step Back Left Sweeping Right Behind, Step Right Behind Left, Step Left to Left Side.

R Cross Rock Recover, L Cross Rock Recover, 1/4 L Walk x 2, Rocking Chair

- 1 2& Cross Rock Right over Left, Recover onto Left, Step Right to Right Side.
- 3 4& Cross Rock Left over Right, Recover onto Right, Step 1/4 Left.
- 5 6 Walk Forward Right, Walk Forward Left.
- 7&8& Rock Forward Right, Recover Left, Rock Back Right, Recover Left.

Written for the Saloon Drifters weekend in Morecambe.
Dance named by the people who attended the event.

Also available as a partner dance.

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