

Wake Me Up

拍數: 68 牆數: 4 級數: Easy Intermediate
編舞者: Monica Phillips (UK) - November 2012
音樂: Wake Me Up - Helene Fischer



Sec 1: Heel Rock , Shuffle Back, Unwind ½ Left, Shuffle Forward .

1-2 Rock forward on right heel, replace on left
3&4 Step back right, step back left, step back right
5-6 Touch left toe behind right, unwind ½ left
7&8 Step forward right, step left behind right, step forward right

Sec 2: Skate Right, Shuffle Forward, Cross Rock, Chasse ¼ right

1-2 Skate forward left, skate forward right
3-4 Step forward left, step right behind left, step forward right
5-6 Cross Rock right across left, step left next to right,
7&8 Step right to right ¼ right, step left next to right, step right to right

Sec 3: Heel Rock, Shuffle Back, Unwind ½ Right, Shuffle Forward

1-2 Rock on left heel, replace on right
3&4 Step back on left, step back right, step right
5-6 Touch right toe behind left, unwind ½ right
7&8 Step forward left, step right behind, step forward right

Sec 4: Skate Right, Skate Left, Shuffle Forward, Cross Rock Coaster ¼ Left

1-2 Skate forward right, skate forward left
3&4 Step forward right, step left behind right, step forward right
5-6 Cross rock left over right, replace on right
7&8 Step back left ¼ left, step back right, step forward left. *Restart Wall 5 6-0clock

Sec 5: Cross Side, Sailor Step, Cross point, Sailor Step

1-2 Cross right across left, step side left
3&4 Step right behind left, step left to left, step right to right
5-6 Cross left over right, point right to right side
7&8 Step right behind left step left to left step right to right

Sec 6: Cross Side, Sailor Step, Cross Point, Sailor Step

1-2 Cross left across right, step right to right side
3&4 Step left behind right, step right to right, step left to left side
5-6 Cross right over left, point left to left side
7&8 Step left behind right, step right to right, step left to left

Sec 7: Cross Back Coaster Turn ¼ Right, Cross Back Coaster Step ½ Left

1-2 Cross right over left, step back left¼ right
3&4 Step back right, step back left, step forward right
5-6 Cross left over right, step back right ½ left
7&8 Step back left, step back right, step forward left

Sec 8: Step Kick, Coaster Step, Step Kick, Coaster step

1-2 Step forward right, kick left forward,
3&4 Step back left, step back right, step forward left
5-6 Step forward right, kick left forward
7&8 Step back left, step back right, step forward left

Sec 9: Two Half Turns Left □

1-2 Step forward right pivot ½ left

3-4 Step forward right pivot ½ left.

***Walls 2&6, Dance to end sec 8 repeat 7.8&9**

***Wall 4, Repeat 7&8, Restart 6-0clock**

***Wall 5, Restart at end sec 4 6-0clock**

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