Down At The Old Dog & Duck



編舞者: Jack Taylor (UK) - November 2012

音樂: The Lambeth Walk (Karaoke Version) (Piano Singalong Style) - Zoom Karaoke:

(CD: Zoom Karaoke - Piano Singalong 2)



Start on the melody - No tags or restarts

Sec 1: WALK FORWARD RIGHT LEFT, RUN FORWARD RIGHT, LEFT, RIGHT, SIDE, BEHIND, SCISSOR STEP.

1-2 Walk forward right, left.

Run forward right, left, right. (Bend knees slightly as you run).

5-6 Step left to left side, cross right behind left.

7&8 Step left to left side, step right beside left, cross left over right.

Sec 2: SIDE, BEHIND, SCISSOR STEP, WALK 1/2 CIRCLE LEFT.

1-2 Step right to right side, cross left behind right.

3&4 Step right to right side, step left beside right, cross right over left. 5-6-7-8 Walk in half circle left, stepping – left, right, left, right. (6.00).

Sec 3: BACK LEFT, RIGHT, COASTER STEP, FORWARD RIGHT, LEFT, MAMBO STEP.

1-2 Walk back left, right

3&4 Step back left, step right beside left, step forward left.

5-6 Walk forward on right, walk forward on left

7&8 Rock forward on right, recover onto left, step right beside left.

Sec 4: SYNCOPATED ROCKING CHAIR, BACK ROCK, FORWARD, SIDE MAMBO X2

1&2& Rock back left, recover onto right, rock forward left, recover onto right.

3&4 Rock back on left, recover onto right, step forward left

Rock right to right side, recover onto left, step right beside left.
Rock left to left side, recover onto right, step left next to right.

Start dance again

Choreographers notes: The dance is intended to reflect a "Good old Saturday night singalong" with Joe on the piano, 1940's style at the local pub. Optional appropriate styling would be welcome.

Contact: jacktaylor5@aol.com